

September 2026 Learning Opportunities

Institute for Trauma-Informed Care

Adverse Childhood Experiences

TUE
SEP
1

Presented by ESC-Region 20
10-11:30 a.m. CST

Participants will learn about the Adverse Childhood Experiences (ACE) study, why ACEs have an immense effect on people's lives and what we can all do to dramatically improve health and resilience for future generations.

[Register >](#)

Introduction to Trauma- Informed Care

THU
SEP
3

Presented by the Institute
10-11 a.m. CST

Participants will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care.

[Register >](#)

Discovering We Are Resilient

WED
SEP
9

Presented by the Institute
2-3 p.m. CST

Participants will learn how a resilient mindset can help us become stronger emotionally by using centering skills and help identify how resilience can be hindered. Participants will also gain an understanding of cultural and protective patterns and how they can help build resilience.

[Register >](#)

What You Need to Know About Aging & Suicide

TUE
SEP
15

Previously Recorded

**Presented by McLennan Community
College 10-11:30 a.m. CST**

Participants will learn about the signs, symptoms and the basics of understanding suicide in the 65 and older population. Participants will also learn about the stigma of suicide in this population and associated statistics.

[Register >](#)

Implementing Trauma-Informed Care Principles

THU
SEP
17

Presented by the Institute
2-3 p.m. CST

Participants will receive an overview on the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation towards a trauma-informed journey.

[Register >](#)

Hope for the Whole Person: Integrating Clinical & Spiritual Care

THU
SEP
24

Presented by Day of Birth LLC.
1-2:30 p.m. CST

Participants will explore how integrating spiritual and clinical perspectives enhance trauma-informed care and holistic healing. They will gain practical tools to address spiritual distress, strengthen interdisciplinary collaboration, and deepen self-awareness and ethical practice.

[Register >](#)

Creating a Thriving Community

TUE
SEP
29

Presented by the Institute
10-11 a.m. CST

Participants will learn about the K.I.S.S. framework for building community capacity through resilience. This model serves as a public health framework which emphasizes building human capital to foster stronger communities that can thrive and effectively manage the impact of risk.

[Register >](#)

Scan QR Code



to access website and
register for training.



Visit Our Website
InstituteTIC.com



Email Us
Iticsa@uhtx.com



Call Us
210-644-8801

What You Need to Know About Aging & Suicide

Hosted by the Institute for Trauma-Informed Care

PREVIOUSLY RECORDED *

JOIN US!

DATE: Tuesday, Sep. 15

TIME: 10-11:30 a.m. CST

REGISTER HERE:



***Continuing education hours are not available**



Natalee Oliver

ABOUT THIS SESSION

In this session, participants will learn how to recognize the signs and symptoms of suicide in the 65 and older age groups. Participants will receive insight into the stigma associated with suicide in this population and discuss statistics that contribute to this topic not often discussed.

ABOUT THE PRESENTER

Dr. Natalee Oliver works as the program director at the Long-Term Care Administration Program at McLennan Community College in Waco, Texas. She earned her Doctor of Social Work from Tulane University, Master of Science in Gerontology and Licensed Clinical Social Worker from Baylor University and received her Licensed Nursing Facility Administrator from McLennan Community College. Dr. Oliver has served the sixty-five and older population in distinct roles and settings since 2001. This includes inpatient, outpatient, and individual group therapy, assisted living management and nursing home management. Her passion is providing education and support for older adults' mental health and advocating for those living with (or caring for someone living with) Alzheimer's disease.

Hope for the Whole Person: Integrating Clinical & Spiritual Care

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Thursday, Sep. 24

TIME: 1-2:30 p.m. CST

REGISTER HERE:



Continuing education hours are not available.



Rev. Jessica N. Bass

ABOUT THIS SESSION

Participants will explore how integrating spiritual and clinical perspectives enhance trauma-informed care and holistic healing. Attendees will gain practical tools to address spiritual distress, strengthen interdisciplinary collaboration and deepen self-awareness.

ABOUT THE PRESENTER

Rev. Jessica N. Bass is dedicated to promoting emotional health and spiritual wellness through ministry and clinical practice. A Stamford, Connecticut, native, she earned a Bachelor of Arts in English from Spelman College, dual master's degrees in divinity from Yale University, a Social Work degree from the University of Connecticut, and Clinical Pastoral Education while serving as a healthcare chaplain. Rev. Jessica is the founder and principal therapist of Day of Birth Counseling and Consulting, a faith-based practice integrating trauma-informed psychotherapy with spiritual care and serves as Director of Pastoral Care and Counseling at a Texas nonprofit. Passionate about holistic healing, she supports individuals navigating trauma, grief and life transitions through compassionate, faith-centered care that fosters emotional and spiritual well-being.



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