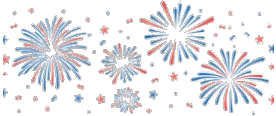





July 2026 - Training Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
				
6	Adverse Childhood Experiences 7	Introduction to TIC 8	9	10
	Presented by ESC-Region 20 10-11:30 a.m. CST Register	Presented by the Institute 10-11 a.m. CST Register		
13	14	Learning Event 15	Discovering We Are Resilient 16	17
		Forgiveness, Intergenerational ACEs and Trauma Presented by Luther College & The Forgiveness Foundation 10-11 a.m. CST Register Previously Recorded	Presented by the Institute 10-11 a.m. CST Register	
20	Building Community Resilience 21	22	Implementing TIC Principles 23	24
	Presented by the Institute 10-11 a.m. CST Register		Presented by the Institute 10-11 a.m. CST Register	
27	28	Creating a Thriving Community 29	Learning Event 30	SCAN FOR CALENDAR 31
		Presented by the Institute 10-11 a.m. CST Register	Leading While Healing: How Family Experiences Shape Leadership Presented by Jae Elle Consulting, LLC 11-12 p.m. CST Register	

Session Key: ■ Introduction to Trauma-Informed Care
Implementing Trauma-Informed Care Principles

■ Building Community Resilience
Creating a Thriving Community
Discovering We Are Resilient

■ Adverse Childhood Experiences

■ Learning Events

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210-644-8801

Forgiveness, Intergenerational ACEs and Trauma

Hosted by the Institute for Trauma-Informed Care

PREVIOUSLY RECORDED*

JOIN US!

DATE: Wednesday, July 15

TIME: 10-11 a.m. CST

REGISTER HERE:



***Continuing education hours are not available.**



Loren Toussaint, Ph.D.

ABOUT THIS SESSION

In this session, participants will learn about the association between parent and child adverse childhood experiences (ACEs) and how the cycle of the intergenerational transmission of ACEs may be interrupted or buffered by self-forgiveness and forgiveness of others. By understanding the role of forgiveness in breaking the cycle, attendees will gain tools to heal personal histories and support others in creating healthier, more resilient family environments.

ABOUT THE PRESENTER

Dr. Loren Toussaint is a psychology professor at Luther College in Decorah, Iowa, whose work centers on the healing power of forgiveness. He leads global and national initiatives, including the Discover Forgiveness Advisory Council and the Forgiveness Foundation, and collaborates with Mayo Clinic and Cancer Treatment Centers of America. At Luther College, he directs the Laboratory for the Investigation of Mind, Body and Spirit, where students engage in meaningful research and co-author publications. His work has been highlighted by TIME, CNN, U.S. News, the New York Times and many other media outlets, reflecting his impact on health and well-being.



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Leading While Healing: How Family Experiences Shape Leadership

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Thursday, July 30

TIME: 11-12 p.m. CST

REGISTER HERE:



Earn 1.0 FREE Continuing Education Hour. University Health is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (to include social workers).

ABOUT THIS SESSION

In this session, participants will explore how family dynamics, life experiences and stress responses shape leadership styles and workplace relationships. Participants will examine common survival patterns such as overworking, perfectionism, emotional suppression, and people-pleasing. Attendees will also be introduced to leadership practices that foster psychological safety, resilience, healthy communication and emotional well-being. Participants will gain practical tools for boundary-setting and creating sustainable leadership habits that support both personal and professional growth.

ABOUT THE PRESENTER

Jennipha "Jae" Ricks, M.Ed. is a trauma-informed leader, speaker, educator, mentor and Founder & CEO of Jae Elle Consulting, LLC. With more than 18 years of experience in education, leadership development, organizational strategy and community engagement, she is passionate about helping individuals and organizations lead with clarity, compassion, emotional intelligence and purpose. Jae's work centers on trauma-informed leadership, emotional wellness, sustainable growth and empowering individuals to move from survival to healing and transformation. Through speaking, consulting, mentorship and leadership development, she supports organizations and communities in creating healthier cultures and stronger leaders.



Jennipha "Jae" Ricks



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