

APRIL 2026 - Training Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		Introduction to TIC 1 Presented by the Institute 10-11 a.m. CST Register	2	3
				
6	7	Discovering We Are Resilient 8 Presented by the Institute 10-11 a.m. CST Register	Learning Event 9	10
			Consent, Coercion and FAQs Presented by Rape Crisis Center 10-11 a.m. CST Register	
13	Learning Event 14	15	Building Community Resilience 16	17
	Partnering in Care: Forensic Nursing, Medical Direction and Patient-Centered Response Presented by UT Health San Antonio and Texas Forensic Nurse Examiners 10-11 a.m. CST Register		Presented by the Institute 10-11 a.m. CST Register	
20	Creating a Thriving Community 21 Presented by the Institute 10-11 a.m. CST Register	Learning Event 22	Implementing TIC Principles 23 Presented by the Institute 2-3 p.m. CST Register	24
		Recognizing & Reporting Child Abuse Presented by ChildSafe 10-11 a.m. CST Register		
27	Adverse Childhood Experiences 28 Presented by ESC-Region 20 10-11:30 a.m. CST Register	Learning Event 29	Building Community Resilience 30 Presented by the Institute 5-6 p.m. CST Register	SCAN FOR CALENDAR
		Pediatric Sexual Assault Examination Process Presented by Christus Children's 10-11 a.m. CST Register		

Introduction to Trauma-Informed Care (1 Hour)

Attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This presentation is derived from training received from international speaker Becky Haas.



Building Community Resilience (1 Hour)

Attendees will learn about R.O.L.E.S., a five-step process that empowers individuals to identify their negative personal triggers to create a mental paradigm shift rooted in positivity and successful outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.



Implementing Trauma-Informed Care Principles (1 Hour)

Attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received from international speaker Becky Haas.



Creating a Thriving Community (1 Hour)

Attendees will learn about the K.I.S.S. framework for building community capacity through resilience. This model serves as a public health framework for community development which emphasizes building human capital to foster stronger communities that can thrive and effectively manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.



Adverse Childhood Experiences (1.5 Hours)

Attendees will learn about the ACE study, why ACEs have an immense effect on people's lives and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and is conducted by an approved ACE Master Trainer.



Discovering We Are Resilient (1 Hour)

Attendees will learn how a resilient mindset can help us become stronger emotionally by using centering skills and help identify how resilience can be hindered. Attendees will also gain an understanding of where cultural and protective patterns come from and how they can help build resilience. This presentation is derived from training received from Dovetail Learning's We Are Resilient.



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Contact Us

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Start By Believing

Virtual Training Series

Hosted by the Institute for Trauma-Informed Care in Collaboration with University Health Injury Prevention

Consent, Coercion and FAQs

Rape Crisis Center

Hannah Sebrero, Community Engagement Coordinator

In this session, attendees will learn the concept of consent, with a focus on what it truly means and how it should be communicated. Participants will learn to identify enthusiastic consent and recognize situations where consent is absent or compromised, helping promote respectful, safe, and healthy interactions.



Thursday, April 9
10-11 a.m. CST
[Register Here](#)



Partnering in Care: Forensic Nursing, Medical Direction and Patient-Centered Response

UT Health San Antonio & Texas Forensic Nurse Examiners

Ralph Riviello, MD, and Carissa Futterer, Clinical Manager

In this session, attendees will receive an overview on how forensic nursing programs and hospital teams work together to provide patient-centered, trauma-informed care within a hospital setting. Participants will also learn strategies to support safety, dignity, trust and informed-decision making.



Tuesday, April 14
10-11 a.m. CST
[Register Here](#)



Recognizing & Reporting Child Abuse

ChildSafe

Felicia Avalos, Education Specialist

In this session, attendees will learn the differences between child abuse and neglect and understand the mandatory reporting expectations in Texas. Participants will also learn to recognize the various types of abuse and neglect, along with common warning signs and indicators.



Wednesday, April 22
10-11 a.m. CST
[Register Here](#)



Pediatric Sexual Assault Examination Process

Christus Children's

Cynthia Garcia, RN Lead, Sexual Assault Nurse Examiner

In this session, attendees will receive an overview of pediatric sexual abuse and assault, including key definitions and its prevalence within our community. Participants will explore the medical implications of abuse and assault in children and adolescents and examine the critical role of health care providers in delivering trauma-informed, compassionate care to affected patients.



Wednesday, April 29
10-11 a.m. CST
[Register Here](#)



FREE 1.0 contact hour for each session (For nurses and social workers only)



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