





November 2025 – Training Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
Adverse Childhood Experiences 3 Presented by Communities In Schools San Antonio 10 – 11:30 a.m. CST Register	Learning Event 4 Leading With Care: A Trauma-Informed Approach to Sustainable Leadership Presented by Elaris Coaching & Consulting 10 – 11 a.m. CST Register	Discovering We Are Resilient 5 Presented by the Institute 2 – 3 p.m. CST Register	6	7
Creating a Thriving Community 10 Presented by the Institute 1 – 2 p.m. CST Register	HOLIDAY 11 	12	13	Introduction to TIC 14 Presented by the Institute 10 – 11 a.m. CST Register
Implementing TIC Principles 17 Presented by the Institute 2 – 3 p.m. CST Register	Adverse Childhood Experiences 18 Presented by Education Service Center – Region 20 10 – 11:30 a.m. CST Register	Learning Event 19 You Don't Know What You Don't Know: Hospital to Home Trauma Presented by Loss of Life Advocates 10 – 11 a.m. CST Register	Building Community Resilience 20 Presented by the Institute 10 – 11 a.m. CST Register	21
24	25	26	27	SCAN FOR CALENDAR 28 
				

Session Key:

Introduction to Trauma-Informed Care
Implementing Trauma-Informed Care Principles

Building Community Resilience
Creating a Thriving Community
Discovering We Are Resilient


Adverse Childhood Experiences



Learning Events

Introduction to Trauma-Informed Care (1 Hour)

Attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This presentation is derived from training received from international speaker Becky Haas.

**Building Community Resilience (1 Hour)**

Attendees will learn about R.O.L.E.S., a five-step process that empowers individuals to identify their negative personal triggers to create a mental paradigm shift rooted in positivity and successful outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.

**Implementing Trauma-Informed Care Principles (1 Hour)**

Attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received from international speaker Becky Haas.

**Creating a Thriving Community (1 Hour)**

Attendees will learn about the K.I.S.S. framework for building community capacity through resilience. This model serves as a public health framework for community development which emphasizes building human capital to foster stronger communities that can thrive and effectively manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.

**Adverse Childhood Experiences (1.5 Hours)**

Attendees will learn about the ACE study, why ACEs have an immense effect on people's lives and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and is conducted by an approved master ACE Trainer.

**Discovering We Are Resilient (1 Hour)**

Attendees will learn how a resilient mindset can help us become stronger emotionally by using centering skills and help identify how resilience can be hindered. Attendees will also gain an understanding of where cultural and protective patterns come from and how they can help build resilience. This presentation is derived from training received from Dovetail Learning's We Are Resilient training.



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Contact Us
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Leading With Care: A Trauma-Informed Approach to Sustainable Leadership

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Tuesday, Nov. 4

TIME: 10–11 a.m. CST

REGISTER HERE:



FREE Contact Hours – 1.0
(For nurses and social workers only)



Dr. Destiny Harper-Lane

ABOUT THIS SESSION

In this session, participants will explore the foundations of trauma-informed leadership and understand how adverse childhood experiences can impact team dynamics, organizational culture and leadership behavior. Through reflective learning and practical tools, attendees will gain strategies to enhance psychological safety, strengthen communication and foster resilient workplaces.

ABOUT THE PRESENTER

Dr. Destiny Harper-Lane is a leadership consultant, executive coach and organizational strategist with more than 20 years of experience in higher education, nonprofits and mission-driven sectors. She is the founder of Elaris Coaching & Consulting, a minority-owned, woman-led firm that integrates coaching, systems design and wellness to help leaders and organizations thrive. Her work is grounded in the principles of trauma-informed care and translating complex neurological and behavioral insights, including those tied to adverse childhood experiences, into actionable leadership strategies. Through her signature Empowered MomBoss Track, she supports working mothers navigating identity, career and wellness. She believes that sustainable leadership is rooted in emotional safety, equity and accountability, and that healing-centered systems create the conditions for people to rise.



CONTACT US

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You Don't Know What You Don't Know: Hospital to Home Trauma

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Wednesday, Nov. 19

TIME: 10–11 a.m. CST

REGISTER HERE:



FREE Contact Hours – 1.0
(For nurses and social workers only)



Esther Pipoly

ABOUT THIS SESSION

In this session, participants will learn how to establish a transition plan that supports patients as they move from the hospital to home or another care facility. Attendees will also be able to identify key partners who will play vital roles in supporting the patient during this critical period. Esther will also discuss the importance of developing a comprehensive checklist for a successful transition plan.

ABOUT THE PRESENTER

Esther Cardenas Pipoly grew up in San Antonio, Texas, and is the founder and owner of Loss of Life Advocates (LOLA). Having lost her father and husband just 63 days apart in 2014, Esther faced many personal challenges. She was no stranger to life's challenges—her stepson became a paraplegic after a tragic accident, her nephew was born with special needs and endured numerous surgeries throughout his life, family members were affected by autism and loss of a loved one to suicide. Esther knew that her professional and personal experiences had given her the opportunity to assist families to prepare for difficult challenges, conversations and circumstances. Having been the executor for both her father and husband's estates, Esther felt the lessons she learned had to be passed along. Through her advocacy with LOLA, she hopes to prevent for others some of the obstacles she was forced to face. In her free time, Esther enjoys spending time with her two grown children, traveling and blogging.



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