

The Healthy Texas Women program provides family planning and reproductive health services to eligible women in Texas. These services help women plan their families, whether it is to achieve, postpone, or prevent pregnancy. These services can have a positive effect on future pregnancy planning and general health.

If you need confidential services, please talk to the staff. We have programs that can help.



HEALTHY TEXAS WOMEN PROGRAM



Grant Services
210-358-TALK





LOCATIONS

- **Robert B. Green Campus**
Women's Health & Teen Health Clinic
(both clinics)
903 W. Martin St., 4th floor, 78207
- **Dr. Robert L. W. Hilliard Center**
919 Locke St., 78208
- **Kenwood Clinic**
302 Dora St., 78212
- **SW Women's**
2121 SW 36th St., 78237
- **Naco Perrin**
4020 Naco Perrin Blvd., 78217
- **Salinas**
630 S. General McMullen St., 78237
- **South Flores**
7902 S. Flores St., 78221
- **Zarzamora Clinic**
4503 S. Zarzamora St., 78211



HOW DO I APPLY?

1. ENROLL IN THE PROGRAM

To schedule an appointment to enroll in the Healthy Texas Women Program, call 210-358-3350 to speak with an enrollment specialist.

2. MAKE AN APPOINTMENT

Once you are enrolled, call 210-358-TALK (8255) to schedule an appointment at a University Health clinic.

WHO IS ELIGIBLE?

YOU MAY OBTAIN SERVICES IF YOU:

- Are a woman age 15 to 44 (Women age 15 to 17 must have parental or legal guardian consent)
- Are a U.S. citizen or legal immigrant
- Live in Texas
- Are not pregnant
- Do not have health insurance
- Make less than the monthly family income limits (200% Federal Poverty Level)



WHAT BENEFITS ARE AVAILABLE?

The program offers a wide range of women's health and core family planning services including:

- Pregnancy testing
- Pelvic examinations
- Sexually transmitted infection services
- Breast and cervical cancer screenings
- Clinical breast examination
- Screening and treatment for cholesterol, diabetes and high blood pressure
- HIV screening
- Long-acting reversible contraceptives
- Oral contraceptive pills
- Permanent Sterilization
- Other contraceptive methods such as condoms, diaphragm, vaginal spermicide and injections
- Screening and treatment for postpartum depression