




February 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	3	4
			ACE Interface Presented by Communities in Schools 9:30 A.M. – 11 A.M. CST https://bit.ly/2-1-23_ace	Introduction to TIC Presented by The Institute for Trauma-Informed Care 10 A.M. – 11 A.M. CST https://bit.ly/2-2-23-Intro		
5	6	7	8	9	10	11
	Introduction to TIC Presented by The Institute for Trauma-Informed Care 2 P.M. – 3 P.M. CST https://bit.ly/2-6-26-Intro	Learning Event From TIC to TOC (Trauma Operationalized Care) Presented by Dr. Anthofer-Fialon, 11 A.M. – 12:30 P.M. CST https://bit.ly/2-7-23-le	ACE Interface Presented by The Institute for Trauma-Informed Care 10 A.M. – 11:30 A.M. CST https://bit.ly/2-8-23-ace	Implementing TIC Principles Presented by The Institute for Trauma-Informed Care 10 A.M. – 11 A.M. CST https://bit.ly/2-9-23-iticp		
12	13	14	15	16	17	18
	Implementing TIC Principles Presented by The Institute for Trauma-Informed Care 10 A.M. – 11 A.M. CST https://bit.ly/2-13-23-iticp	Learning Event Getting Relationships Right with Children and Youth Presented by Communities In Schools 10 A.M. – 11:30 A.M. CST https://bit.ly/2-14-23-le 	ACE Interface Presented by Bexar County Juvenile Probation 1 P.M. – 2:30 P.M. CST https://bit.ly/2-15-23-ace			
19	20	21	22	23	24	25
	Presidents' Day 	ACE Interface Presented by Dr. Keely Petty, Kick Start Your Life! 10 A.M. – 11:30 A.M. CST https://bit.ly/2-21-23-ace	Introduction to TIC Presented by The Institute for Trauma-Informed Care 2 P.M. – 3 P.M. CST https://bit.ly/2-22-23-Intro	Learning Event Trauma-Informed Responses to Sexual Violence Presented by The Rape Crisis Center 10 A.M. – 11: A.M. CST https://bit.ly/2-23-23-le	Implementing TIC Principles Presented by The Institute for Trauma-Informed Care 10 A.M. – 11 A.M. CST https://bit.ly/2-24-23-iticp	
26	27	28				
	Implementing TIC Principles Presented by The Institute for Trauma-Informed Care 10 A.M. – 11 A.M. CST https://bit.ly/2-27-23-Intro	Building Community Resilience Presented by The Institute for Trauma-Informed Care 10 A.M. – 11 A.M. CST https://bit.ly/2-28-23-bcr			See Page 2 for Details 	

Institute for Trauma-Informed Care

February Calendar
2023



Visit the **Institute website** for more information, including TIC Resources, Learning Events, and future trainings. Website: InstituteTIC.com

Contact the ITIC Team for information regarding Trauma-Informed Care Certification. Email: itica@uhs-sa.com

Training Descriptions

Introduction to Trauma-Informed Care (1 Hour)

In this course, attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This session will also highlight how the Institute can help organizations on their journey towards trauma-informed certification.

Implementing Trauma-Informed Care Principles (1 Hour)

In this course, attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as building blocks to help you on your trauma-informed journey. The presentation is derived from *Basics of ACEs, trauma, building resilience and using a Trauma-Informed Approach* training by international author and speaker, Becky Haas.

ACE Interface Training (1.5 Hours)

In this course, attendees will learn about the Adverse Childhood Experiences (ACE) study, why ACEs have an immense effect on people's lives, and what we can all do to dramatically improve health and resilience for this and future generations. Trainings are conducted by a Master ACE Trainer.

Building Community Resilience (1.0 Hour)

In this session, attendees will learn about R.O.L.E.S, a five step process that empowers people to not only identify their personal triggers, but creates a mental paradigm shift that takes a punitive, judgmental view of behavior and transforms it into an approach rooted in positive intent and constructive outcomes. This presentation is derived from the Community Resilience Initiative curriculum, Course 1.



From Trauma-Informed Care to Trauma Operationalized Care (1.5 Hours)

Join us with Dr. Cathy Anthofer-Fialon, CEO of Afialon Consulting. In this session, attendees will gain skills used to operationalize trauma-informed care. Participants will engage in interactive activities involving positive triggers, discuss management strategies for staying present and cover tips to avoid re-traumatization.

Getting Relationships Right with Children and Youth (1.5 Hours)

Join us with Shelly Bosse, community initiatives manager at Communities in Schools. In this session, attendees learn how each of us contribute to the health and well-being of our children and youth by expressing care, challenging growth, expanding possibilities, sharing power and providing trauma-informed support.



Trauma-Informed Responses to Sexual Violence (1.5 Hours)

Join us with Rachael Finch, education and outreach coordinator at The Rape Crisis Center. In this session, attendees discuss the realities of sexual violence in our community and the attitudes that amplify sexual violence. Participants will learn tips for being trauma-informed, survivor sensitive strategies for active listening and helpful language for healing.





From Trauma-Informed Care to Trauma Operationalized Care

With Dr. Cathy Anthofer-Fialon



<https://bit.ly/2-7-23-le>

Register Here

February 7, 2023 | 11 A.M.— 12:30 P.M. CST
Via WebEx Webinar

Join us with Dr. Cathy Anthofer-Fialon, CEO of Afialon Consulting. In this session, attendees will gain skills used to operationalize trauma-informed care. Participants will engage in interactive activities involving positive triggers, discuss management strategies for staying present and cover tips to avoid re-traumatization.

About the Presenter:

Dr. Cathy Anthofer-Fialon has a Ph.D. in criminal justice, a Master of Liberal Studies, a Bachelor of Science in journalism and a Bachelor of Arts in philosophy. Her professional background includes working for more than 20 years in higher education campus safety where she served as Indiana's first president of the Indiana Campus Law Enforcement Administrators Association and as the Director of Emergency Management for Miami Dade College. She began her work as a court advocate for survivors of domestic and sexual violence then transitioned to program manager for the 13th Circuit Court, Family Division in Michigan. She has since left the court system and now works on raising awareness on ACES and resilience building.

For more information:

Website: InstituteTIC.com

Email: iticsa@uhs-sa.com

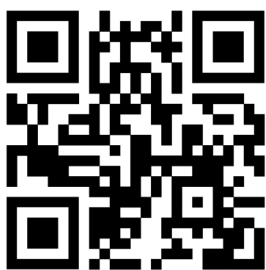




Getting Relationships Right with Children and Youth

With Shelly Bosse

February 14, 2023 | 10 A.M.— 11:30 A.M. CST
Via WebEx Webinar



<https://bit.ly/2-14-23-le>

[Register Here](#)

Join us with Shelly Bosse, community initiatives manager at Communities in Schools. In this session, attendees learn how each of us contribute to the health and well-being of our children and youth by expressing care, challenging growth, expanding possibilities, sharing power and providing trauma-informed support.

About the Presenter:

Shelly Bosse currently serves as the community initiatives manager at Communities In Schools of San Antonio (CIS-SA). She has worked for CIS-SA for more than 11 years and has more than 20 years experience as a licensed master social worker. She holds a Master of Arts degree in theatre and has training in mindfulness and trauma-informed care. She is a youth mental health first aid instructor and is a trust-based relational intervention practitioner through the Karyn Purvis Institute of Child Development at Texas Christian University.

For more information:

Website: InstituteTIC.com

Email: iticsa@uhs-sa.com



Trauma-Informed Responses to Sexual Violence

With Rachael Finch



February 23, 2023 | 10 A.M.— 11 A.M. CST
Via WebEx Webinar

Join us with Rachael Finch, education and outreach coordinator at The Rape Crisis Center. In this session, attendees discuss the realities of sexual violence in our community and the attitudes that amplify sexual violence. Participants will learn tips for being trauma-Informed, survivor sensitive strategies for active listening and helpful language for healing.



<https://bit.ly/2-23-23-le>

[Register Here](#)

About the Presenter:

Rachael Finch has a Bachelor of Arts in communications from the University of North Texas with minors in English and psychology. She currently serves as the education and outreach coordinator at the Rape Crisis Center. She is new to the non-profit sector however, she has experience volunteering at children's hospitals, senior care nursing facilities and local domestic violence shelters. Her mission is to continue developing trauma-informed education opportunities for her community.

For more information:

Website: InstituteTIC.com

Email: iticsa@uhs-sa.com



RAPE CRISIS CENTER
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