

Living Donor Kidney Program

Selection Criteria

Living kidney donation is a voluntary, selfless act, and donors must meet specific medical, psychosocial, and lifestyle criteria to ensure safety and transplant success. Candidates must express interest in donation without being pressured or expecting anything in return.

Selection Criteria:

- The donor's interest in kidney donation must be voluntary, free from coercion, pressure to donate, or inducement.
- A potential kidney donor must be in good health, between the ages of 21 and 70 with sound mental capacity and the ability to make informed decisions. Donors outside of this age range may be considered on a case-by-case basis.
- A potential kidney donor must be able to arrange adequate time for evaluation, donation, and recuperation without expectation of compensation from recipient or transplant center.
- A potential living kidney donor must complete the required medical and psychosocial evaluations.
- Potential donors must have a body mass index less than or equal to 33. Potential donors with BMI greater than 33 will be considered on a case-by-case basis.
- A potential kidney donor must consent to the administration of blood products if warranted during the surgical procedure.

Relative Contraindications:

- Presence of significant personal or family history of diabetes and hypertension especially in young donors
- HIV positive status

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Absolute Contraindications:

- Chronic medical condition that would place the donor at increased risk for surgical complication or at increased risk for long-term health problems post donation.
- Conditions would include but not be restricted to chronic kidney disease and any condition that requires long-term use of medications that can be toxic to the kidneys.
- Psychosocial instability including, but not limited to, significant hardship on the potential donor regarding limited financial resources, coping skills, family support, and/or employer support that cannot be resolved.
- Mental health conditions and cognitive impairments that would affect the donor's ability to give informed consent.
- Active substance abuse, excluding marijuana
- History of recurrent and/or multiple active kidney stones, recurrent urinary tract infections, or bladder issues.
- Inability to adhere with donor team requirements for selection, evaluation, and/or post donation follow-up.
- Active malignancy or any advanced organ/organ system dysfunction/failure
- Any condition that, in the Transplant Program's medical judgment, causes the donor to be unsuitable for organ donation.