

September 2025 - Training Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 Introduction to TIC Presented by the Institute 10–11 a.m. CST Register	4 Adverse Childhood Experiences Presented by the Institute 10–11:30 a.m. CST Register	5
				
8 Introduction to TIC Presented by the Institute 5–6 p.m. CST Register	9 Learning Event Talk Saves Lives Presented by American Foundation for Suicide Prevention – South Texas 10–11 a.m. CST Register	10 Adverse Childhood Experiences Presented by Communities in Schools San Antonio 1–2:30 p.m. CST Register	11 Discovering We Are Resilient Presented by the Institute 10–11 a.m. CST Register	12 Implementing TIC Principles Presented by the Institute 10–11 a.m. CST Register
15 Creating a Thriving Community Presented by the Institute 1–2 p.m. CST Register	16 Implementing TIC Principles Presented by the Institute 5–6 p.m. CST Register	17	18 Adverse Childhood Experiences Presented by ESC-Region 20 10–11:30 a.m. CST Register	19 Introduction to TIC Presented by the Institute 10–11 a.m. CST Register
22	23 Learning Event Healing-Centered Family Time: A Trauma-Informed Framework for Supervised Visitation Presented by Beth Tyson Trauma Consulting 1–2 p.m. CST Register	24 Adverse Childhood Experiences Presented by the Institute 5–6:30 p.m. CST Register	25 Implementing TIC Principles Presented by the Institute 10–11 a.m. CST Register	26
29	30 Building Community Resilience Presented by the Institute 10–11 a.m. CST Register			SCAN FOR CALENDAR 
				

Session Key: ■ Introduction to Trauma-Informed Care
Implementing Trauma-Informed Care Principles

■ Building Community Resilience
Creating a Thriving Community
Discovering We Are Resilient

■ Adverse Childhood Experiences

■ Learning Events

 Evening Session

Introduction to Trauma-Informed Care (1 Hour)

Attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This presentation is derived from training received from international speaker Becky Haas.

**Building Community Resilience (1 Hour)**

Attendees will learn about R.O.L.E.S., a five-step process that empowers individuals to identify their negative personal triggers to create a mental paradigm shift rooted in positivity and successful outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.

**Implementing Trauma-Informed Care Principles (1 Hour)**

Attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received from international speaker Becky Haas.

**Creating a Thriving Community (1 Hour)**

Attendees will learn about the K.I.S.S. framework for building community capacity through resilience. This model serves as a public health framework for community development which emphasizes building human capital to foster stronger communities that can thrive and effectively manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.

**Adverse Childhood Experiences (1.5 Hours)**

Attendees will learn about the ACE study, why ACEs have an immense effect on people's lives and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and is conducted by an approved master ACE Trainer.

**Discovering We Are Resilient (1 Hour)**

Attendees will learn how a resilient mindset can help us become stronger emotionally by using centering skills and help identify how resilience can be hindered. Attendees will also gain an understanding of where cultural and protective patterns come from and how they can help build resilience. This presentation is derived from training received from Dovetail Learning's We Are Resilient training.



Visit our learning management system (LMS), Bridge.

The LMS offers **140+** on-demand training sessions and learning events. Contact the Institute to request access.



Contact Us
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Talk Saves Lives

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Tuesday, Sep. 9

TIME: 10–11 a.m. CST

REGISTER HERE:



FREE Contact Hours – 1.0
(For nurses and social workers only)



Julia Hewitt

ABOUT THIS SESSION

In this session, participants will hear about the latest data on suicide in the United States, examine its root causes and risk factors, and understand how suicide impacts different communities. Attendees will also learn how to recognize warning signs, initiate supportive conversations and how to offer crisis resources.

ABOUT THE PRESENTER

Julia Hewitt is an executive leader, educator and advocate whose work spans corporate transformation, nonprofit resilience and community mental health. She serves as an executive director at Wells Fargo and board chair of the American Foundation for Suicide Prevention's South Texas Chapter. Julia holds dual master's degrees in Industrial-Organization Psychology and Organizational Management and is pursuing a doctorate in Leadership at Purdue University, focusing on resilience in emerging nonprofit leaders. She also teaches on psychology and leadership and consults on trauma-informed leadership, succession planning and mentally healthy workplaces. Based in San Antonio, Julia believes in the transformative power of storytelling and is passionate about helping others rise after adversity.



**American
Foundation
for Suicide
Prevention**

South Texas

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Healing-Centered Family Time: A Trauma-Informed Framework for Supervised Visitation

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Tuesday, Sep. 23

TIME: 1–2 p.m. CST

REGISTER HERE:



FREE Contact Hours – 1.0
(For nurses and social workers only)



Beth Tyson

ABOUT THIS SESSION

In this session, participants will learn the core principles of trauma-informed care as they apply to supervised visitation, including how to recognize and respond to emotional dysregulation in both children and caregivers. Attendees will also learn healing-centered strategies to support attachment and connection while maintaining safety and professional boundaries, along with practical tools to make visitation a meaningful experience.

ABOUT THE PRESENTER

Beth Tyson, MA, is a childhood trauma therapist, children's book author and founder of Beth Tyson Trauma Consulting. She creates trauma-informed training, curriculum and tools to assist children in overcoming adversity and relational trauma. She serves as the co-chair of the Pennsylvania Child Abuse Prevention team, is a volunteer with Child Advocates San Antonio and is the mother of a spirited young girl and a wild, but adorable, doodle dog.