

# JUNE 2025 - Training Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Building Community Resilience</b> 2	<b>Learning Event</b> 3	<b>Adverse Childhood Experiences</b> 4	<b>Adverse Childhood Experiences</b> 5	<b>Introduction to TIC</b> 6
Presented by the Institute 1 – 2 p.m. CST <a href="#">Register</a>	<b>Men &amp; Mental Health: Dispelling the Stigma</b> Presented by The University of Texas Medical Branch 10 – 11 a.m. CST <a href="#">Register</a>		Presented by UT Teen Health 10 – 11:30 a.m. CST <a href="#">Register</a>  <b>Implementing TIC Principles</b> Presented by the Institute 5 – 6 p.m. CST <a href="#">Register</a>	Presented by the Institute 10 – 11 a.m. CST <a href="#">Register</a>
<b>Implementing TIC Principles</b> 9	<b>Learning Event</b> 10	<b>Adverse Childhood Experiences</b> 11	<b>Introduction to TIC</b> 12	<b>Creating a Thriving Community</b> 13
Presented by the Institute 1 – 2 p.m. CST <a href="#">Register</a>	<b>Positive Parenting for Children with a Disability</b> Presented by San Antonio Metro Health – Triple P 1 – 2:30 p.m. CST <a href="#">Register</a>	Presented by the Institute 5 – 6:30 p.m. CST <a href="#">Register</a> 	Presented by the Institute 1 – 2 p.m. CST <a href="#">Register</a>	Presented by the Institute 10 – 11 a.m. CST <a href="#">Register</a>
<b>Introduction to TIC</b> 16	<b>Adverse Childhood Experiences</b> 17	<b>Discovering We Are Resilient</b> 18	19	20
Presented by the Institute 10 – 11 a.m. CST <a href="#">Register</a>	Presented by Education Service Center – Region 20 10 – 11:30 a.m. CST <a href="#">Register</a>	Presented by the Institute 10 – 11 a.m. CST <a href="#">Register</a>	<b>JUNETEENTH</b> <small>FREEDOM DAY</small> 	
23	24	<b>Adverse Childhood Experiences</b> 25	<b>Introduction to TIC</b> 26	<b>Implementing TIC Principles</b> 27
		Presented by Communities In Schools San Antonio 1 – 2:30 p.m. CST <a href="#">Register</a>	Presented by the Institute 5 – 6 p.m. CST <a href="#">Register</a> 	Presented by the Institute 10 – 11 a.m. CST <a href="#">Register</a>
<b>Implementing TIC Principles</b> 30				<b>SCAN FOR CALENDAR</b>
Presented by the Institute 1 – 2 p.m. CST <a href="#">Register</a>				

### Introduction to Trauma-Informed Care (1 Hour)

In this session, attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This presentation is derived from training received from international speaker Becky Haas.



### Building Community Resilience (1 Hour)

In this session, attendees will learn about R.O.L.E.S., a five-step process that empowers individuals to identify their negative personal triggers to create a mental paradigm shift rooted in positivity and successful outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.



### Implementing Trauma-Informed Care Principles (1 Hour)

In this session, attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received from international speaker Becky Haas.



### Creating a Thriving Community (1 Hour)

In this session, attendees will learn about the K.I.S.S. framework for building community capacity through resilience. This model serves as a public health framework for community development. It emphasizes building human capital collectively fostering stronger communities that can thrive and effectively manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.



### Adverse Childhood Experiences (1.5 Hours)

In this session, attendees will learn about the ACE study, why ACEs have an immense effect on people's lives and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and conducted by an approved master ACE Trainer.



### Discovering We Are Resilient (1 Hour)

In this session, attendees will learn how a resilient mindset can help us become stronger emotionally by using centering skills and also help identify how resilience can be hindered. Attendees will also gain an understanding of where cultural and protective patterns come from and how they can help build resilience. This presentation is derived from the "We Are Resilient" training from Dovetail Learning.



**Missed a training? Visit our learning management system (LMS), Bridge.**

The Institute's LMS offers 110+ on-demand training sessions and learning events providing 24/7 access. Viewers can see missed sessions, revisit favorite trainings and obtain attendance certificates. Contact the Institute to request access.



**Contact Us**

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# Men & Mental Health: Dispelling the Stigma

Hosted by the Institute for Trauma-Informed Care

## JOIN US!

**DATE:** Tuesday, June 3

**TIME:** 10 – 11 a.m. CST

**REGISTER HERE:**



**FREE Contact Hour – 1.0**  
(For nurses and social workers only)



**Paul Flores III**

## ABOUT THIS SESSION

In this session, participants will explore key concepts to better understand stigma and how societal attitudes and perceptions like the “Man-Up” principle can negatively impact men’s mental health and contribute to the emotional suppression they experience. Attendees will also explore how to change the stigma and create open conversations to support mental health for men.

## ABOUT THE PRESENTER

Paul Flores began his nursing career in 1998 and has since built a professional journey marked by leadership in the specialized field of forensic mental health and correctional health care. For the past 2 decades, he has held a wide range of executive roles in county jails, state prisons, U.S. Marshals Service detention facilities, the Federal Bureau of Prisons and immigration facilities across multiple states, including Texas, Arizona, Michigan, Wisconsin, Indiana and Illinois. Paul currently serves as the cluster nurse and practice manager at the University of Texas Medical Branch, Correctional Managed Care Division. In addition to his leadership role, he is an independent consultant in correctional health care litigation and business development, further contributing to the advancement of this specialized sector.



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# Positive Parenting for Children with a Disability

Hosted by the Institute for Trauma-Informed Care

## JOIN US!

**DATE:** Tuesday, June 10

**TIME:** 1 – 2:30 p.m. CST

**REGISTER HERE:**



**FREE Contact Hours – 1.5**  
(For nurses and social workers only)



**Aubree Watkins**

## ABOUT THIS SESSION

In this session, participants will explore strategies for creating a safe and engaging environment to foster a positive learning atmosphere for children with a disability. Attendees will learn the importance of using assertive discipline, setting reasonable expectations, prioritizing self-care for parents and highlighting the significance of the community's support for the well-being of the child and family.

## ABOUT THE PRESENTER

Aubree Watkins is a parent and family support specialist for the Triple P – Positive Parenting Program in the violence prevention section at Metro Health. In her current role, she is an accredited practitioner of the Triple P curriculum offered in San Antonio and Bexar County. She holds a bachelor of science in human development and family sciences from Texas Tech University in Lubbock, Texas. Aubree's background consists of extensive work in the community providing case management, parent education and youth services with organizations such as the Metro Health Domestic Violence program, Boysville, MCH Family Outreach and Children's Home of Lubbock. These experiences support her ongoing work of strengthening families and preventing child abuse and neglect in our community.



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