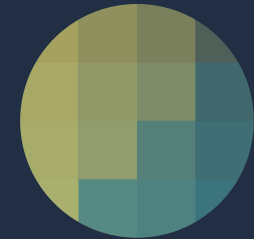


WE HAVE A
PASSION FOR
**SERVICE AND
COMPASSION**
FOR OUR
CLIENTS.

CONTACT US

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StrongARM
ADDICTION RECOVERY
FOR MEN

OUR DUTY IS TO
OUR CLIENTS

WHO WE ARE

StrongARM is a public health program that looks to increase engagement in care for men (including those who identify as Male or Trans) with a substance use disorder (SUD) or co-occurring substance use and mental health disorder who are living with HIV or may be at risk for HIV.



ENROLLMENT

The enrollment process consists of the following:

- Intake/Baseline survey that will take approximately 60 minutes to complete.
- The purpose of the survey is to monitor progress and evaluate program effectiveness.
- After 6-months in the program, you will be asked to complete the same survey forms you completed at intake; and then asked again at 12-months.
- You will receive a \$25 HEB gift card for completing the 6-month survey and another \$25 HEB gift card for completing the 12-month survey.

DEVOTED TO
HELPING YOU
MEET YOUR
RECOVERY
GOALS

OUR SERVICES

Navigation & Peer Support

After enrollment, you will have access to a Navigator & a Peer Support Specialist. The Navigator will help you overcome obstacles to receiving treatment and will assist you with locating services you may need at this time. The Peer Support Specialist is someone with lived experience who will support you in your recovery journey.

Individual & Group Therapy

You will have access to individual mental health counseling with a Licensed Professional Counselor (LPC), as well as group sessions led by the LPC and Peer Support Specialist.

Intensive Outpatient Treatment (IOP)

You will have access to 8 weeks of IOP treatment at Lifetime Recovery to address addictions, depression or other dependencies you may be struggling with. IOP will help you establish support mechanisms, learn coping strategies, and assist with relapse management.