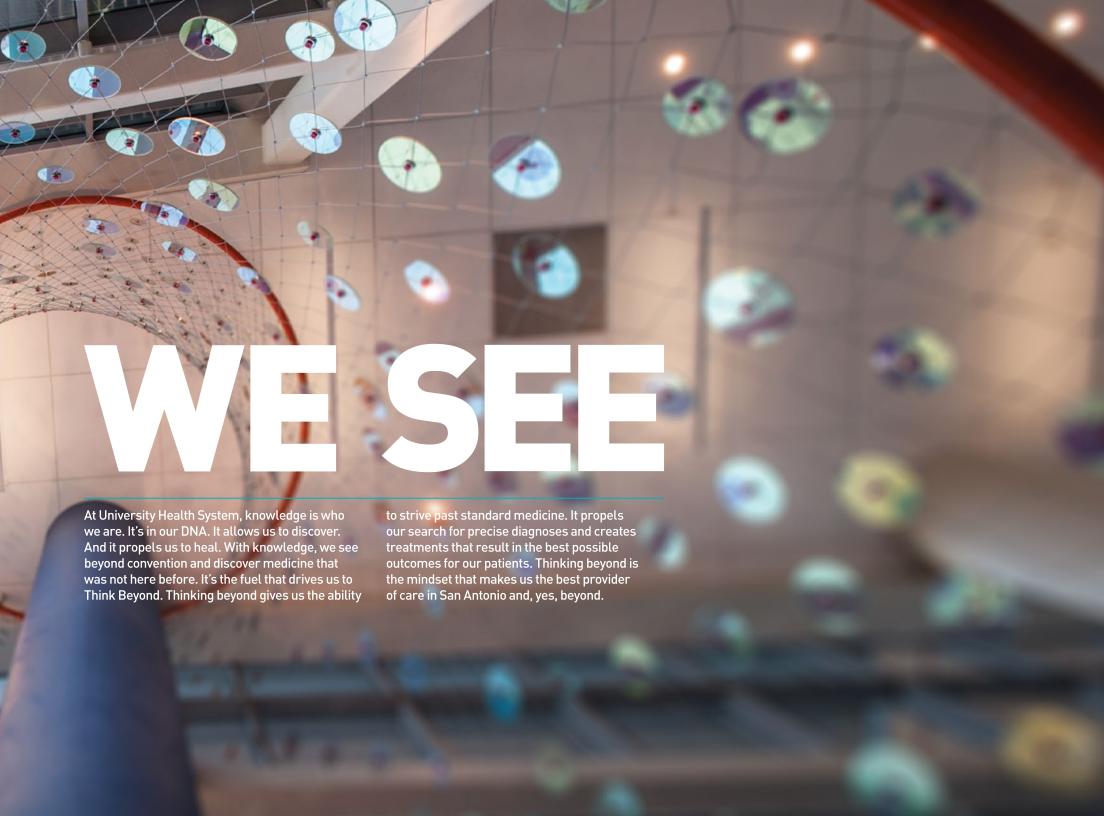
SEE HOW

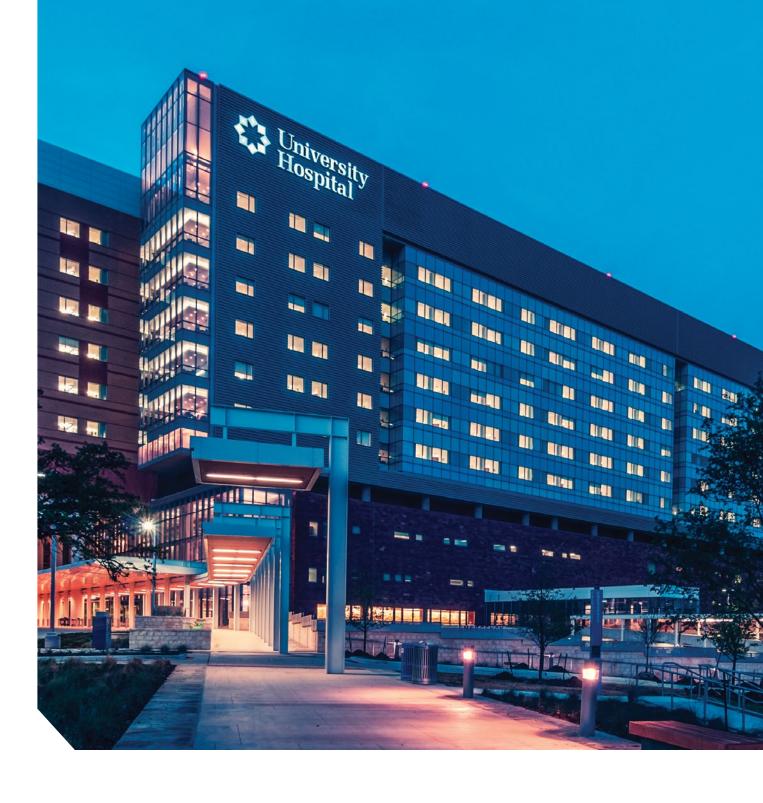






MISSION

University Health System advances knowledge and discovery to promote the good health of our community. In collaboration with the University of Texas Health Science Center, we foster a culture of health excellence, compassion and kindness to all who enter our doors.





THINKING BEYOND

JAMES ADAMS

Chair, Board of Managers Bexar County Hospital District

GEORGE B. HERNÁNDEZ JR.

President and CEO, University Health System

If you've visited any of our University Health System facilities recently, you might have noticed we're busier than ever. Bexar County and South Texas make up one of the fastest-growing regions in the country, and we've been growing just as fast to keep up with the many thousands of people throughout our region — and beyond — who want the special kind of care we offer.

And it is special. Ask anyone who works here how it's special and they'll have plenty to say. But if we were to boil it down to just a couple of words, it would be thinking beyond. It is our relentless drive to seek out new knowledge. It's how we share that knowledge with the doctors, nurses and many other kinds of health professionals we train. It's how we share that knowledge to improve the health of the communities we serve, to challenge ourselves to look beyond the standard of care that exists today and come up with new and better ways to treat or prevent illness and injury.

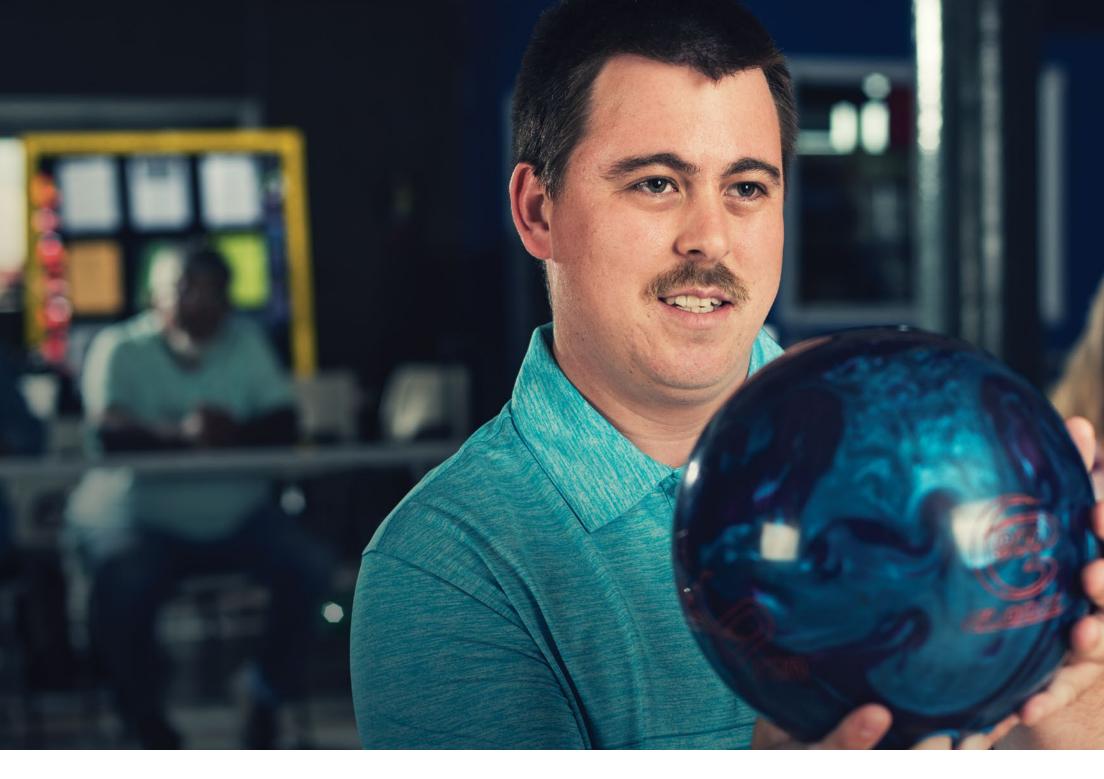
In the pages that follow, you can read about how we're thinking beyond. For example, we recently





became the first and only Level I pediatric trauma center in South Texas, and the fifth in Texas. We also were designated a comprehensive stroke center — the highest level for stroke care — in recognition of the advanced stroke procedures we offer our patients. We launched the Texas Liver Tumor Center to bring together some of the world's most prominent liver specialists and provide the newest therapies for liver cancer and liver diseases. And in terms of access, we broke ground on the new Dr. Robert L.M. Hilliard Center, which will be a first-class facility for family medicine on the city's East Side.

Next year will mark our 100th anniversary, and a century of service to the people of Bexar County and South Texas. Good things truly are ahead for University Health System and the people we serve. For now, please enjoy reading our 2016 Report to the Community. On behalf of the Board of Managers and the staff of University Health System, we thank you for your interest and support.





SOME SEE NO REASON FOR HOPE.

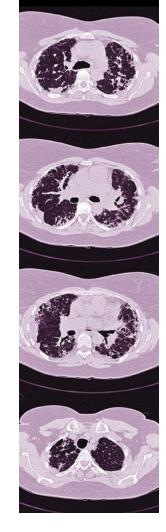
WE SEE A PERFECT CANDIDATE FOR LIFE-CHANGING TREATMENT.

Anthony Redzierez

Six hours after Anthony Redzierez was born, a massive stroke destroyed the entire right side of his brain. Against all odds, the left side of his brain took over, and Anthony gained the motor control that would let him live a normal life. Then, at age 5, he was struck by the first of many grand mal epileptic seizures. Medications controlled the seizures for a while. But after Anthony graduated from high school, the seizures returned with disabling frequency. He was told, "There's nothing more we can do."

But the Level IV Epilepsy Center team at University Health System was thinking beyond. There was one last hope: temporal lobe resection, a radical surgery to remove part of his brain. With Anthony's catastrophic brain damage, it would be highly dangerous... and there was only a 5 percent chance the surgery would succeed. But Anthony was willing to take that risk. That was five years ago. Now Anthony enjoys a full life, free of epilepsy. His case had been hopeless. But the epilepsy team at University Health System saw a glimmer of hope and took action. Anthony Redzierez beat the odds again.





SOME SEE A SILENT, LIFE-ALTERING DISEASE.

WE SEE A SINGER READY FOR THE STAGE.

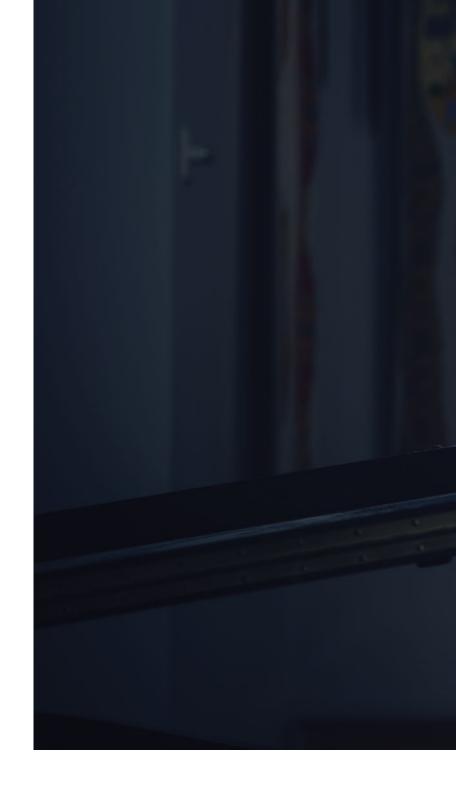
Sandra Haggray

Twenty years ago, Sandra Haggray, a singer with a master's in vocal performance, was singing a hymn on the radio when she began to cough. So started her long battle with life-threatening lung issues. Over the years she went through batteries of tests. No one could find the reason for her lung problems. This talented singer was reduced to living on oxygen 24 hours a day.

Then, Sandra caught a cold and her health began to decline rapidly. Her pulmonologist referred her to the lung transplant team at University Health System.

Thinking beyond a diagnosis, the lung transplant team knew that only a transplant could save Sandra's life. Shortly after her surgery was approved, the call came that a donor lung had been found.

With a prayer for her donor and his family, she underwent surgery immediately. Her recovery went well. And just 10 days after surgery, Sandra walked out of the hospital, savoring a deep breath of fresh air for the first time in twenty years.









SOME SEE A HEART OUT OF RHYTHM.

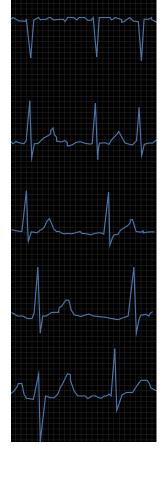
WE SEE A MOM GETTING BACK IN THE GAME.

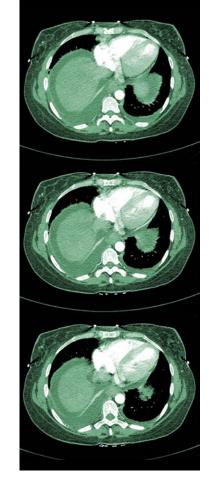
Jennifer Cardenas

Jennifer Cardenas was 27 and expecting her first child when her heart began beating out of control. It was atrial fibrillation — or Afib — a condition where the heart's natural rhythms spin wildly out of sync. It was a scary episode that returned during her second pregnancy and took over her life. The slightest thing could set off her irregular heartbeat. A doorbell. A dropped dish. A barking dog.

They were a family living on pins and needles. Fortunately, the Heart and Vascular Institute team at University Health System looked beyond the standard treatments and offered Jennifer hope. The team

proposed a complex, hybrid procedure to bring Jennifer's irregular heartbeat back into normal rhythm. The Afib episodes stopped immediately, allowing Jennifer and her family the chance to build a normal, active — and noisy — life together. Today, thanks to the experience and expertise of the Heart and Vascular Institute team, this and other life saving treatments are available. A year ago, Jennifer's life was a roller coaster. Today, she rides them.





SOME SEE A FAILING LIVER.

WE SEE A LIFE ABOUT TO BLOOM.

Teresa Hendon

Fifteen years ago, Teresa Hendon's liver was failing. She was told her only hope for life would be a liver transplant. Teresa was placed on the transplant list and began the potentially long wait for a donor liver. The transplant team at University Health System was thinking beyond. Because of the unique expertise of the transplant team, Teresa had another life-saving option: a living donor. If she could find a volunteer willing and able to donate half of their living organ to Teresa, they could perform a living donor liver transplant.

Teresa had devoted her life to helping others as a member of the sheriff's department. When they learned of her situation, 20 people immediately volunteered for major surgery to save Teresa's life.

But Teresa became ill and was too sick for the transplant. So the team at University Health System made it their mission to make Teresa healthy enough for surgery. It took a year. Her friend Mark was selected as the donor: the right age, the right blood type, her perfect match.

And today, because the transplant team at University Health System looked beyond standard treatments, Teresa has an exceptional second chance at life.





BEXAR COUNTY COMMISSIONERS COURT



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Sergio "Chico" Rodriguez Commissioner Precinct 1



Paul ElizondoKevin WolffCommissionerCommissionerPrecinct 2Precinct 3



Tommy Calvert Commissioner Precinct 4

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- ▶ Helping Kids get the Coverage They Need
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CHILDREN'S TRAUMA CARE EARNS ELITE STATUS

Injuries are the biggest killer of children and the main reason they are rushed to a hospital emergency room. That's why a first-class pediatric trauma center is vitally important if a community is to offer great medical care for kids.

In June, University Hospital joined an elite group of medical centers across the country when the American College of Surgeons Committee on Trauma recognized it as only the fifth Level I pediatric trauma center in Texas, and the only one outside Dallas, Houston or Austin. The pediatric trauma center also includes the only pediatric burn program in South Texas.

"Traumatic injury kills more children than all other disease processes combined," said Dr. Lillian Liao, pediatric trauma and burn director at University Hospital. "Our goal is to prevent the disease of trauma by educating the public on how to keep their children safe. Becoming a pediatric Level I trauma center is a testament of the outcomes we have in providing top quality care to the injured children we treat. The ACS pediatric trauma Level I verification is also a commitment to all children in the region in promoting education and advancing care for the injured child."

South Texas is one of the fastest-growing areas in the nation, and the need for the highest level of pediatric trauma care is great. In 2015, 1,342 children ages 16 and younger were treated by University Hospital's trauma team for serious injuries and burns. That number has risen in each of the past five years, and is 57 percent higher than in 2011.

To earn Level I status, University Hospital demonstrated an expertise and commitment to treating and preventing

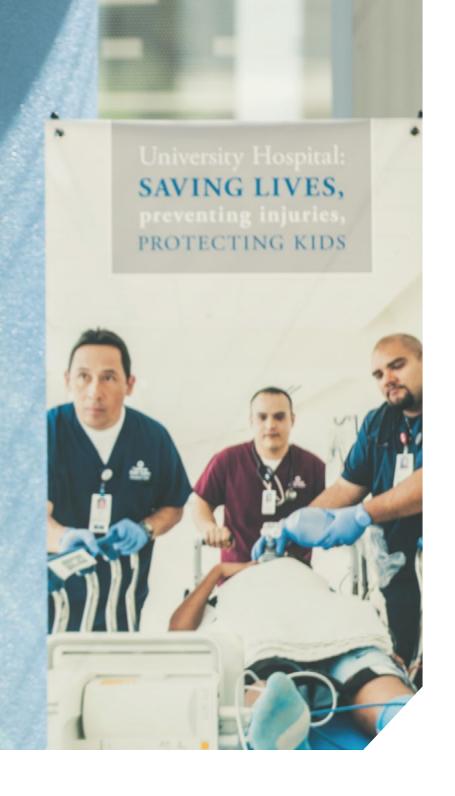
injuries, to research aimed at finding new and better treatments, for educating the next generation of pediatric trauma specialists, and to pediatric rehabilitation to restore injured kids to the highest possible level of function and return them to a normal life.

University Hospital has long been a Level I trauma center that cares for both adults and children. In 2012 it sought and became a Level II pediatric trauma center — making it the highest level pediatric trauma center in South Texas at the time. But the aim was always to become a Level I center. Both Level I and Level II pediatric centers must show they are capable of taking care of the most seriously injured children, with subspecialists available in-house around the clock.

The criteria for a Level I pediatric trauma center goes beyond Level II in a few key areas. It must have immediate, around-the-clock access to an even larger group of physician specialists. It must be a referral source for other communities, offer continuing education of the trauma team members, help direct new innovations in trauma care, and operate a program for substance abuse screening and patient intervention.

Research has found that younger and more seriously injured children have better outcomes at a pediatric trauma center, which is staffed by specially trained physicians and nurses, has appropriate resuscitation equipment and medications, requires special protocols for imaging and other diagnostic procedures, and follows special pain management quidelines.





HELPING KIDS GET THE COVERAGE THEY NEED

With the aim of making sure more Bexar County kids have health coverage, University Health System was awarded a \$1 million federal grant to enroll children already eligible for Medicaid and the Children's Health Insurance Program, or CHIP, into those programs.

University Health System was one of five organizations in Texas and 38 nationwide to receive part of a \$32 million grant awarded as part of the Centers for Medicare and Medicaid Services' Connecting Kids to Coverage campaign.

About 10 percent of Bexar County children are uninsured — down from almost 14 percent in 2009. Still, in some San Antonio census tracts the rates are as high as 40 percent, according to U.S. Census Bureau estimates.

"Although the uninsured rate for children has fallen in recent years, there are still a number of barriers to obtaining coverage," said Dr. Roberto Villarreal, senior vice president of research and information management at University Health System. "Most families are aware of Medicaid and CHIP. However, fewer are knowledgeable about whether their children are eligible for assistance. Additionally, about 25 percent of parents lack the



knowledge about how to enroll their children in Medicaid or CHIP."

The two-year, \$958,230 grant to University Health System will be used to educate thousands of local families on how to enroll, as well as why it's important to continually re-enroll before coverage lapses. The program also will work to enroll eligible adult family members into the Affordable Care Act's Health Insurance Marketplace using culturally sensitive and targeted approaches.

The Affordable Care Act has helped increase the numbers of children who have access to quality affordable coverage. According to the National Health Interview Survey, only 4.5 percent of the nation's children remained uninsured in 2015.

In announcing the grants, CMS noted that "having coverage improves children's health, increases their ability to succeed in school and results in other positive outcomes. Recent research shows that these gains are long-lasting, with children who gained coverage experiencing better health, higher educational attainment and higher earnings as adults."

CELEBRATING THE END OF TREATMENT IN A BIG WAY

Chemotherapy is an ordeal for anyone — especially a kid.

Damon Billeck knows that fact all too well. The 12-year-old developed a rare and aggressive form of bone cancer that eventually cost him his arm. But Damon was determined not just to live life as a normal kid, but also to be an advocate for all kids going through the same ordeal.

Knowing that the end of a long course of treatment is a moment worth celebrating, Damon approached the San Antonio Fire Department and asked them for a bell that kids could ring after their last dose.

It was a request that firefighters responded to in a big way. The SAFD Museum donated an antique bell from a decommissioned fire truck. And the firefighters from Station 11 built a beautiful wooden display case in the shape of a firefighter's shield from which the bell would hang.

The end-of-treatment bell will allow young cancer survivors to mark the conclusion of their long, hard journey with a satisfying tug on the bell — and have a little fun in the process.

"It's such an important day when a child finishes chemotherapy," said Mark Webb, University Health System's CEO of Pediatric Services. "To celebrate that with a real fire truck bell makes it special. Leave it to Damon to make that happen."

The bell was installed in August on the hospital's seventh floor, which houses The South Texas Pediatric Blood and Cancer Center, a collaboration between University Health System and the University of Texas Health Science Center. Attendees included Mayor Ivy Taylor, Fire Chief Charles Hood, patients, physicians and staff at University Hospital, and a number of firefighters who arrived in fire trucks — one of them an antique — that pediatric patients were able to see and explore before the event.

Family members of three San Antonio firefighters who lost their lives to cancer also attended the unveiling as special guests.

And in October, Damon returned to University Hospital surrounded by firefighters, family and supporters to celebrate his own milestone, stepping up to the bell he had envisioned and giving the rope three satisfying tugs.



FOR THE FIGHTERS



BABY BOXES GIVE NEW MOMS A STARTER KIT

It began as a little pilot project for new parents at University Hospital at the beginning of the year, a way to encourage safe sleep practices. It wound up making national news.

The Finnish government has long sent baby boxes home with new moms who've received prenatal counseling. These sturdy cardboard boxes come with a fitted mattress at the bottom, providing a safe sleeping option for babies up to about 3 months of age.

The fact that a hospital in sunny South Texas had imported the idea from chilly Finland generated a lot of interest.

But it made sense — particularly in Bexar County, which has recorded high numbers of Sudden Unexpected Infant Death, or SUID. SUID is defined as an unexpected death without a clear cause, such as SIDS, and those from a known cause, such as suffocation.

Locally, 16 infants died of SUID in 2015 — the vast majority of them from unsafe sleep practices, according to the Bexar County Medical Examiner.



The University Health System Foundation, with support from the San Antonio North Central Rotary Club, the Junior League of San Antonio and the Texas Diaper Bank, started the pilot program with 135 boxes. With additional funding, including support from the San Antonio Area Foundation, the program has been relaunched — along with an online infant safety education platform that expectant moms will view and complete. Once they do, they'll receive a baby box.

The boxes contain a starter kit of diapers, clothing and other supplies, and were distributed to low income mothers who might otherwise have difficulty buying those essentials.

When word of University Hospital's program got out, the Today show, the online magazine Slate, and countless other media outlets across the nation ran stories. Other hospitals have since jumped in and are providing them.

Staff is also gathering data to measure the program's success with an eye on expanding it further.

A NEW KIDNEY — AND A NEW LIFE

Last fall, University Health System sent out an urgent public plea for someone with a big heart to step forward and donate a kidney to 5-year-old Leland — an Austin child in foster care who had been on dialysis most of his life.

Leland had never been able to swim or eat certain foods that his friends were allowed to eat, such as cheese sticks and oranges. His plan — "when I get my kidney," he said — was to go to a water park and hit the slide. But he was nearing the end of his body's ability to undergo life-saving dialysis treatments.

When the call went out, more than 500 people stepped forward and a donor match was quickly found. Leland soon got his transplant.

In May, recovering nicely from his transplant, Leland celebrated two huge milestones in his young life. He was adopted into a new family. And for the first time, he got to splash and swim at a water park, like other kids.

"He was so excited to finally go swimming for the first time ever this week," said Lauren, his mom. "His goal is to go as many times as he can this summer. He's ready to make up for lost time!"

If that weren't enough, now that he's got a healthy kidney, Leland gets to spend 12 more hours every week being a normal kid instead of being tethered to a dialysis machine. He loves playing with his siblings, and he gets to eat bananas, oranges, cheese sticks and ice cream.

Because the family wishes to protect his privacy, University Health System isn't using last names. But his mother wanted to express her gratitude to the many generous people who stepped up for Leland — some of whom ended up going through the process and donating a kidney to someone else.

Donating a kidney to someone is a serious decision, one that should be made with an understanding of the possible risks and complications. For those interested in learning more about becoming an altruistic living kidney donor, please visit UTCLivingDonor.com, search Donate Life America. or call 210-567-5777.





STEPPING UP THE BATTLE AGAINST STROKE

It was a big year for the treatment and prevention of strokes in South Texas.

First, University Health System launched its Stroke Moves F.A.S.T. campaign to inform people about how to recognize — and respond to — the symptoms of a stroke.

And in keeping with the advanced stroke care available to its patients, University Hospital was certified as a comprehensive stroke center by The Joint Commission and the American Heart Association/American Stroke Association.

University Hospital became one of only three hospitals statewide and about 100 across the country to be so recognized by The Joint Commission. Comprehensive stroke centers are an elite group of providers capable of treating the most complex stroke patients. As a group, they are responsible for setting the national agenda in highly specialized stroke care.

"Since our community recognized several years ago that improved stroke care should be a priority, University Health System's goal has been to become recognized as a center of excellence for treating patients with even the most complex strokes," said George B. Hernández Jr., president and CEO of University Health System.



The Stroke Moves F.A.S.T. campaign includes a dedicated website — strokemovesfast.com — that describes the four elements of stroke response — face (if one side of the face does not move), arms (if one arm drifts or doesn't move), speech (slurred or doesn't make sense) and time (call 911 immediately).

The site also includes a stroke assessment tool so that online visitors can enter information and learn whether they are at high risk of having a stroke.

Dr. Lee Birnbaum, medical director of the Stroke Center at the University of Texas Health Science Center, is the only board-certified vascular neurologist in San Antonio, and assistant professor of neurosurgery at the UT Health Science Center.

Dr. Birnbaum, along with neurosurgeons Dr. Ramesh Grandhi and Dr. Jeremiah Johnson, offer a number of surgical and minimally invasive procedures for removing blood clots from the brain and repairing stroke damage. Dr. Grandhi and Dr. Johnson also are assistant professors of neurosurgery at the UT Health Science Center.

A DAUGHTER'S GIFT

Tammy Green learned she was sick only after a car wreck some 20 years ago. Routine blood work at the hospital showed her liver enzymes were too high. She was referred to a specialist who told her she had primary biliary cirrhosis, a chronic and progressive liver disease. She would eventually need a liver transplant.

As the years passed and her condition worsened, her youngest daughter, Miranda, played the role of caregiver beginning in elementary school — accompanying her mom to doctor visits, keeping track of medications and often getting up in the middle of the night with her. And a few years later, when Tammy moved to Hawaii, where her older daughter lived, to be able to qualify for health insurance and get on the transplant list, Miranda would fly out to take care of her when needed.

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After three years of waiting, and never reaching the top of the transplant list, Tammy moved back to Texas. Miranda built an apartment for her in her Austin home. By this time, Tammy's condition had deteriorated to the point that she qualified for Medicare. Her doctor recommended University Transplant Center in San Antonio, a partnership between University Health System and The University of Texas Health Science Center.

It's also one of only two programs in Texas and a handful nationwide that offer living liver donor transplants.

The liver is unique among organs in that a piece of healthy liver can be taken from one person and given to another, and both halves will regrow to normal size. Still, there are risks, and Tammy had always turned down her family members' offers to donate.

"I always said no," she said. But by the summer of 2014, she was too sick to protest. Her son Justin stepped forward to be tested, but wasn't a good match, Miranda asked if she would be eligible. She was a good match.

The transplant took place at University Hospital in October. And life began anew for both mother and daughter. Tammy moved into her own apartment.

Miranda got married. Her first child followed. And they remain partners in a talent booking agency, providing live music acts for venues in Austin and San Antonio. Tammy had started the business and Miranda had taken it over when her mother became too sick to work.

Months later, Tammy struggles to express the gratitude she feels for her daughter's gift: "I wasn't there for her when I should have been, I was so out of it. I am so grateful to this person."





PRIMING THE IMMUNE SYSTEM TO FIGHT CANCERS IN KIDS

Immunotherapy — the fine-tuning of the body's immune system to fight cancer — has been one of the most exciting and challenging frontiers in medicine. Many cancers spread because they've figured out how to elude the immune system. With immunotherapy, medications are designed to rearm the body's defenses to attack and kill the cancer cells.

Late last year, patients at the South Texas Pediatric Blood and Cancer Center at University Hospital became the first in the nation to take part in a national study of a promising new immunotherapy agent in children and young adults.

The South Texas Pediatric Blood and Cancer Center is a partnership between University Health System and The University of Texas Health Science Center at San Antonio.

Atezolizumab was approved by the Food and Drug Administration last year to treat non-small cell lung cancer in adults under a special expedited process called breakthrough therapy designation. The designation is granted when a new drug shows early but substantial progress in a life-threatening illness. It's also shown good results in a form of bladder cancer known as metastatic urothelial carcinoma.

The new trial will study the effectiveness of the drug in children ages 2 to 17 and young adults up to age 30 who have pediatric cancers — solid tumors, Hodgkin lymphoma and non-Hodgkin lymphoma.

"Even though we've had some great advances over the past 40 years in treating cancer with chemotherapy, radiation and surgery, there have been few new treatment options for children and young adults who do not respond well to traditional therapy or whose cancer relapses. This is our sickest group of patients because the standard therapies no longer work," said Dr. Anne-Marie Langevin, who heads the local arm of the study.

Dr. Langevin is professor of pediatric hematology/ oncology at the UT Health Science Center and holder of the Greehey Distinguished Chair in Pediatric Oncology.

"Atezolizumab uses the body's own immune system to fight the cancer. The new trial will look at how pediatric tumors and children's developing bodies react to the new medication," Dr. Langevin said.

A BETTER WAY TO TREAT DANGEROUS SEIZURES

Patients suffering from a dangerous and prolonged form of seizure called status epilepticus can be difficult to treat. While the condition is rare, these patients are often brought to the Emergency Department for rapid care.

Status epilepticus is a seizure lasting five minutes or longer, or multiple seizures that occur one after the other, with no recovery in between. Most seizures last 2 minutes or less. The longer a seizure lasts, the less likely it will stop without treatment. In some cases, it can lead to brain damage or death.

An estimated 120,000 to 180,000 children and adults each year go into status epilepticus. The standard of care for these patients is to administer a class of medicines known as benzodiazepines such as Valium. In about a third of patients, these drugs aren't enough to interrupt the seizure activity. If that happens, different drugs are added.

The Established Status Epilepticus Treatment Trial, or ESETT, is testing three existing medications for those patients whose seizures persist despite initial treatment. ESETT is a five-year, multi-center trial sponsored by the National Institutes of Health.

Researchers at University Health System and The University of Texas Health Science Center are taking part

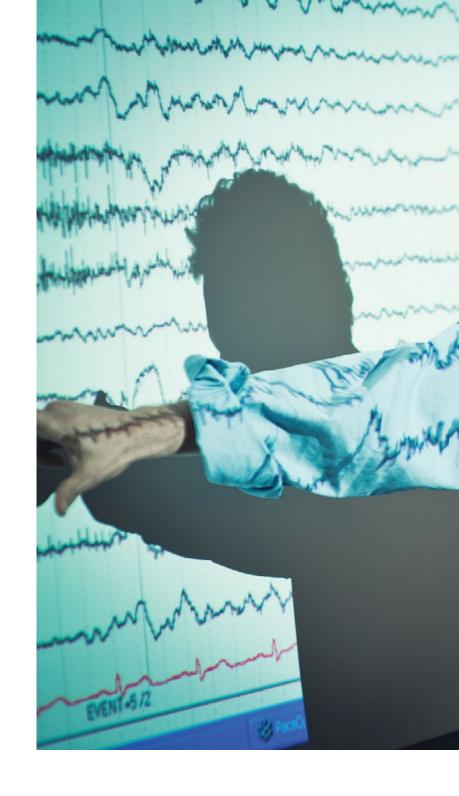
in the study and will begin enrolling patients in early 2017. The goal is to enroll 795 patients nationwide.

Patients who arrive at University Hospital with prolonged seizure activity will first be given a dose of benzodiazepines. If that fails to stop the seizures, they will be enrolled in the trial and randomly assigned to receive either fosphenytoin (sold as Cerebyx), levetiracetam (Keppra) or valproic acid (Depakote). All belong to a class of drugs called anti-convulsants, but each works in different ways. All are approved by the Food and Drug Administration.

Status epilepticus can result from poorly controlled epilepsy, but other factors can include low blood sugar, a stroke, kidney or liver failure, alcohol or drug abuse, head injuries and other conditions. In children, status epilepticus can be brought on by an infection with fever.

While some patients have convulsions —uncontrolled jerking, rapid eye movements, grunting and drooling — others may not involve convulsions, instead exhibiting confusion, an inability to speak or irrational behavior. They may look as though they're daydreaming.

The study hopes to determine the best treatment for stopping seizures quickly within three age groups — children 2 to 18, adults 19 to 65, and adults 66 and older.





RESTORING BALANCE TO A GROWING KID

Michael Macias doesn't remember the crash that shattered his leg and wrist, and broke a few other assorted bones. His last memory before waking up in University Hospital days later was inspecting his new haircut in the car mirror as his uncle drove him home from the barber's.

After a few surgeries, Michael was on the mend. But one lingering problem remained. The growth plate in his right femur, or thighbone, was damaged and could no longer grow — even as his undamaged left leg grew longer.

Such injuries aren't that uncommon. If the damage is caught early, a surgeon can stop the growth in the other leg as well. But if the problem goes undetected — as Michael's did — the child is often left with a painful, uneven gait that can damage the joints.

"One hip was lower than the other side," said Michael, now 16. "I had a lot of pain because of it."

In the past, families had three options — none of them ideal. A special shoe could extend the shorter leg. An operation could shorten the longer leg. Or a more complicated operation — with a high rate of



complications — could lengthen the shorter leg. Now a new option is available to patients at University Hospital.

To help Michael, Dr. Grant Hogue, assistant professor of orthopedics at the University of Texas Health Science Center, was the first in the region to introduce a new leg-lengthening option using a device called the Precise Nail. The femur is divided, and both sides are attached to a completely implantable rod or "nail" that is slowly lengthened using a tiny implantable magnetic motor. The nail acts as scaffolding for healthy new bone growth.

A magnetic remote control operated by the patient extends the nail a fraction of a millimeter at a time to slowly stretch surrounding tissue over several weeks as the new bone grows. The remote is programmed so that the patient can't extend the nail too quickly or too long.

Today, Michael is regaining strength and looking forward to playing basketball again in a few months.

"Lengthening is something we've been working on and trying to do for the last 20 years, but we've never been able to accomplish it in such a safe and effective fashion," Dr. Hogue said. "This is the future of leg lengthening."

HELPING PREMATURE BABIES THRIVE

With the rate of premature births in Bexar County alarmingly high, University Hospital and the University of Texas Health Science Center have joined a March of Dimes project underway in five large states that looks to give those babies a better start in life.

The project hopes to improve the way that women at high risk for premature births are given antenatal corticosteroid treatment, or ACT — a proven way to improve lung development and overall outcomes in babies born before 39 weeks of pregnancy.

The project is part of the March of Dimes Big 5 State Prematurity Collaborative, named for the five states that make up 40 percent of all births in the United States — California, Florida, Illinois, New York and Texas. A collection of hospitals in these states is working to reduce premature births and the complications that often accompany them. University Hospital is the only hospital in San Antonio taking part in the project.

"We've been selected as one of five hospitals in the state of Texas to participate in this major quality improvement initiative for the country," said maternal-fetal medicine specialist Dr. Patrick Ramsey, who practices at University Hospital and is a professor of obstetrics and gynecology at the UT Health Science Center. "These efforts to improve utilization of antenatal corticosteroids will be very effective to help pregnant women have healthier babies."

Giving steroid injections to high-risk pregnant women is a recommended practice already, with plenty of research showing its effectiveness in helping improve the outcomes for premature babies. It's even something The Joint Commission — a national accrediting body for healthcare organizations — looks at when it reviews hospital performance.

Steroids already are routinely given to high-risk women at University Hospital. But while ACT is a recommended practice, it isn't given as consistently as it should be across the country. The project will look at developing a best-practices bundle of steps that will quickly identify patients at high risk for preterm labor and help guide providers in treating them.

The project also will educate doctors, nurses, transport teams and others about the best use of ACT.





A CUSTOM-FITTED APPROACH TO A TRICKY ANEURYSM REPAIR

A new procedure offered at University Hospital provides a minimally invasive option for the treatment of patients with aortic aneurysms — a dangerous weakening or ballooning in the wall of the aorta.

The aorta is the longest artery in the body, and a weakening can occur anywhere along it. But when the weakening occurs close to where the arteries to the kidneys branch off, the repair typically requires a complex and extensive open surgery. Some patients considered too frail to handle such a major operation have had no other options.

The new procedure, called fenestrated endovascular aneurysm repair, or FEVAR, is a newly approved graft that is custom-fitted to the patient's anatomy, inserted into the femoral arteries in the legs and routed to the aneurysm by catheter.



The graft acts much like a pipe, channeling blood flow past the weakened area. The customized openings in the graft, called fenestrations, allow blood to flow from the heart to the kidneys. Recovery time and return to normal activities are faster. And the procedure can be an option for patients who aren't good candidates for open surgery.

Dr. Georges Haidar, assistant professor of vascular and endovascular surgery at the the University of Texas Health Science Center, describes FEVAR as a real step forward, one that offers fewer complications, faster healing and much less time spent recovering in the hospital.

Dr. Haidar was the lead surgeon on the first patient to undergo the procedure at University Hospital in November 2015, and the first FEVAR procedure at a local nonmilitary hospital.

PREVENTING MEDICINE POISONING IN CHILDREN

There are more medicines in homes across America than ever before — raising the risk that some of it might fall into the hands of children.

More than 59,000 kids across the country were treated in emergency rooms in 2013 — many of them because they got their hands on medicines while parents or other caregivers weren't watching, especially kids 5 years of age and younger.

University Health System leads the San Antonio affiliate of Safe Kids Worldwide, which has launched a campaign to raise awareness about the very preventable problem of medicine poisoning in children. As part of that campaign, the Health System has added medication safety to two of its parent education classes — Baby U and its Mommies program.

Preventing injury and disease — and not just treating them — is a big part of University Health System's commitment to community health, a commitment that ranges from providing almost 26,000 immunizations and more than 4,600 senior health screenings last year, to operating one of the largest and most comprehensive injury prevention program in the state.

"All families with children need to be aware of the risks of medicine poisoning," said Jennifer Northway, director of the Adult and Pediatric Injury Prevention Program at University Health System. "This includes being vigilant about protecting young children by ensuring safe storage of medicine and teaching older children and teens about medicine safety."

The problem is compounded by the fact that more children are living or spending time with grandparents — who tend to have more medicines on hand. In fact, the number of children living with a grandparent more than doubled between 1980 and 2014.

Ms. Northway recommends that all medicine and vitamins be stored out of reach and sight when younger children are in the house. When giving medicine to younger kids, it's important to use the measuring device that came with the product. And parents should write clear instructions for caregivers about children's medicines.

For children 6-10, the best advice is to be a good example. What kids see you do makes a bigger impact than what they hear you say. Read medicine labels with your child. As kids get older, it's important they learn how to read and understand a label before taking medicine.

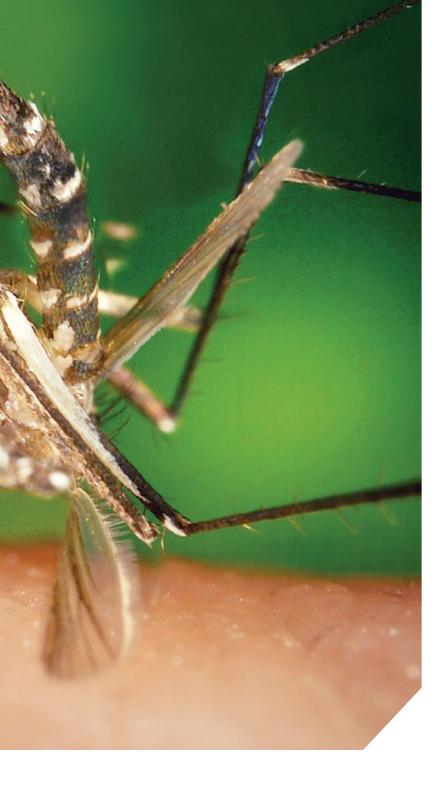
"Sometimes, parents and caregivers make choices of convenience that unintentionally put children at risk, such as carrying medicine in a purse or storing it in a pillbox," Ms. Northway said. "Sometimes they don't recognize that it can take only seconds for a child to get into a medicine. Families may not even realize that products like vitamins or diaper rash products can be very harmful if ingested accidentally."

The University Health System Foundation supports the work of Safe Kids San Antonio, which brings together community groups and businesses to prevent harm to children.









PREPARING THE COMMUNITY FOR A NEW DISEASE THREAT

Probably the biggest health news of 2016 was the threat of the Zika virus, and the growing alarm about the risk of birth defects and fetal deaths that accompanied it.

University Health System began preparing physicians and staff for Zika even before the first Bexar County case was confirmed in January in someone who had traveled to a country where the virus had spread.

"As you know, we at University Health System are serious about preparing for emerging disease threats," Dr. Bryan Alsip, executive vice president and chief medical officer, wrote in an alert to staff. "If we are fortunate, those threats may not materialize. However, being ready is a commitment we make to our patients, our staff and our community."

The virus is transmitted mainly by the Aedas-type mosquito, which is found in abundance in South Texas. Because of that risk, the leadership team at University Health System decided to take a lead role in making sure the entire community was informed and ready.

Dr. Alsip and other members of the medical staff, including Dr. Patrick Ramsey, a maternal-fetal medicine specialist; and University Hospital epidemiologist and infectious disease specialist Dr. Jason Bowling — both

with The University of Texas Health Science Center — were interviewed throughout the year by media organizations.

Both Dr. Ramsey and Dr. Bowling were panelists along with Dr. Anil Mangla with the San Antonio Metropolitan Health District in a community forum about Zika virus at the UT Health Science Center, sponsored by Texas Public Radio in late August.

The Health System also created a Zika virus education website for the public, easily accessible from its home page, universityhealthsystem.com. The site includes easy-to-understand information about the virus, its risks, ways to reduce the mosquito population and why using repellants is important.

In addition, the Health System has been working with other local organizations in a Zika Virus Community Planning Group to coordinate preparedness, and formed its own internal Zika Response Group that met regularly to discuss clinical protocols, testing, blood safety, communications and other issues.

As of November, two patients had been diagnosed by University Health System healthcare providers — both of whom contracted the virus outside the United States.

BUILDING A CADRE OF HIGHLY TRAINED TRAUMA NURSES

University Hospital is known throughout the state as a leading center for advanced trauma care for both adults and children. That reputation depends on having a highly trained and experienced staff.

In July 2014, the hospital launched an innovative Trauma Nursing Fellowship Program. The program recruits nurses with at least two years of critical care experience. Two nurses are selected for the six-month fellowship.

Fellows are immersed in all aspects of trauma and critical care nursing, including prehospital care, resuscitation, surgery, the Surgical Intensive Care Unit and trauma administration.

The ultimate goal is to develop a cadre of high-caliber nurses who can follow a patient throughout the continuum of care — minimizing handoffs and improving quality. It's also a pretty good recruiting tool.

The program is now training its third class of fellows, Daniel Castro and Katherine Brunney. Luisa Cochran, Mark Brister, Amber Hicks and Matthew Lozano made up the first two classes of fellows.

Ms. Hicks said the fellowship took her interest in trauma nursing and expanded it, giving her a new understanding and appreciation of the journey her patients take. It's an understanding her busy job wouldn't have afforded otherwise.

"It allowed us to get out of the Emergency Department and see where patients are before they come to us, where those patients go when they leave us, and how our care affects their care for life," Ms. Hicks said."

They receive classroom training and five clinical rotations that also include AirLife flight nursing, trauma pediatrics, the Pediatric ICU and trauma administration. They are mentored by senior trauma nursing staff.

University Hospital is the premier Level I trauma center for adults, serving a 22-county region of South Texas. In 2016, it achieved the designation as the first and only Level I pediatric trauma center in South Texas.





BRIDGING THE COMMUNICATION GAP

Good communication between patient and provider is a critical piece of good healthcare. Without it, patients might leave the hospital or clinic confused about how to take their medications, how to follow dietary restrictions or when they should call the nurse about complications.

The fact that many of our patients are more comfortable speaking a language other than English can create challenges. U.S. Census data shows that 43 percent of Bexar County residents speak a language other than English, compared to 34 percent across the state.

University Health System has a number of ways to bridge this communication gap — including training our own bilingual staff as qualified medical interpreters.

Since 2012, some 424 bilingual staff members have taken a 40-hour course in medical interpretation and have been assessed as qualified through testing. The program has been partly funded through the Delivery System Reform Incentive Payment program, part of the Texas 1115 Medicaid waiver designed to expand access and improve the quality of medical care throughout the state.

"We're very fortunate to have a lot of bilingual staff," said Jacque Burandt, executive director of the Center for



Learning Excellence, which operates the program. "We have this great talent pool. They just needed that extra skill of knowing how to be a medical interpreter to pair with their own language skills."

Ms. Burandt was honored with the Texas Star in Language Access Award from the Texas Association of Healthcare Interpreters and Translators in September.

University Health System also provides professional interpreters — both in person and through audio-visual links — using vendors. But having staff on hand who can step in immediately when needed is invaluable — and saves money.

Trained staff members continue in their regular jobs and can earn stipends if they provide a certain number of documented interpretive services and complete three hours of continuing education each year.

Among the program's documented successes are improved patient satisfaction survey scores, particularly patients who say that staff communicated with them well regarding their medications.

A NEW CLINIC NAMED FOR A PIONEERING PHYSICIAN

Making good on a promise to invest in improving the health of residents on San Antonio's East Side, University Health System began construction in October on the Dr. Robert L.M. Hilliard Center, a 25,000-square-foot, state-of-the-art family healthcare center.

Dr. Robert L. M. Hilliard, who passed away in 2014 at the age of 83, had deep and profound ties to the East Side community where he practiced obstetrics and gynecology. He delivered more than 14,000 babies over the course of his career.

He also had significant ties to the two organizations that came together to make this new family health center a reality — University Health System and the San Antonio Housing Authority. Dr. Hilliard was the first African-American physician to receive specialty training at the Robert B. Green Memorial Hospital, the birthplace of the University Health System mission. He was also a past-chairman of the San Antonio Housing Authority, or SAHA, which provided the land for the new health center that will bear his name.

In 1956, Dr. Hilliard became the third black student to earn a medical degree from the University of Texas Medical Branch in Galveston. After serving as a flight surgeon in the Air Force, he came home to San Antonio to complete his residency at the Robert B. Green. A press release issued in 1962 by the Bexar County Hospital District announced his appointment as the first black

physician in the South to become chief resident of obstetrics-gynecology at a major teaching hospital. Newspapers across the country picked up the story. Dr. Hilliard ran into resistance and racism from both colleagues and patients. But like many pioneers, he opened doors for those who followed.

He was a mentor to many young people — serving as clinical associate professor at The University of Texas Health Science Center for much of his career. Over the decades, he held many public service and leadership positions, including a term on the San Antonio City Council in the 70s, president of the National Medical Association, and president of the Texas State Board of Medical Examiners. He received many significant honors and awards, including the Ashbel Smith Distinguished Alumnus Award from the UT Medical Branch in 1991.

The idea to name the new East Side health center after the distinguished physician began with Bexar County Commissioner for Precinct 4, Tommy Calvert. "Dr. Hilliard was deeply committed to his patients and his community," said Commissioner Calvert at the official groundbreaking ceremony on October 18, 2016. The only other University Health System location named after an individual is the Robert B. Green campus, which opened in 1917 as the Robert B. Green Memorial Hospital, in memory of a former Bexar County Judge. Coincidentally, Dr. Hilliard was born at the Robert B. Green hospital.







"We are proud to honor Dr. Hilliard's service and legacy as we deepen our roots on San Antonio's East Side by offering families a state-of-the-art health center close to home," said Bexar County Hospital District Board of Managers Vice Chair Ira Smith Jr. "It's really impossible to measure the impact he had on the lives of his patients, the babies he brought into this world, and the many students and physicians he mentored," added Dr. Dianna Burns-Banks, Board of Managers secretary." We are delighted to be partnering with SAHA to create a center that will by worthy of the University Health System and Hilliard names."

The Hilliard Center, located on a 2-acre parcel of land provided by SAHA, is strategically located and provides opportunity for future growth. The partnership between the health system and the local housing authority is an innovative one, with significant funding for construction and equipment coming from the Texas 1115 Medicaid Waiver. The Waiver's Delivery System Reform Incentive Payment program enables health organizations like University Health System to receive federal funding for projects that will result in improved access and outcomes for patients.

"The best partnerships are founded on mutual interests and goals. And our vision to improve health access and health outcomes is perfectly aligned with SAHA's vision for transformation and revitalization," said George B. Hernández Jr., University Health System

president/CEO. "Together, we are committed to making a positive difference for this community and the people who live here."

"Without our health we have nothing," said Dr. Morris Stribling, chairman of the SAHA Board. "At this location, individuals and families will have access to the services and health education resources needed to tackle the health problems plaguing this community such as obesity, diabetes, heart disease, prematurity and asthma."

The Hilliard Center property is located in an area designed as a Promise Zone by the U.S. Department of Housing and Urban Development. San Antonio is the only community in the nation to receive a Promise Zone designation, as well as three White House Neighborhood Revitalization Initiative grants to bolster children's educational achievement, foster community development, and improve safety and security.

The \$5 million center will serve as a prototype for future University Health System outpatient clinical locations. It is expected to open in late 2017.

HONORING ALLIES IN THE WAR AGAINST DIABETES

University Health System's Texas Diabetes Institute, or TDI, opened its doors in 1999, surrounded by neighborhoods with some of the highest rates of diabetes in the region. Its purpose would be to wage a battle against a disease that plagued generations of families.

Two years later, the Dr. Saul Treviño Wall of Honor at TDI was created to honor allies in that battle, named in memory of a pioneering physician in the community who taught his patients that healthy foods and exercise would be their best defense against diabetes. Each year, the names of one or more people who played a significant role in combatting the scourge of diabetes are added to the Wall of Honor.

Two physicians and one organization joined that list in 2016: Dr. Carlos Rosende, professor and executive vice dean for clinical affairs at UT Health Science Center; Dr. Eugenio Cersosimo, medical director of clinical research at TDI; and the American Diabetes Association.

Dr. Rosende, an ophthalmologist, was honored as the first director of TDI's ophthalmology clinic, helping countless diabetic patients to maintain their vision.

"The main cause of blindness among working-age adults in the United States is diabetes, and obviously when you have a population where diabetes is so prevalent as in San Antonio, the risk of blinding disease is that much higher," Dr. Rosende said.

Dr. Cersosimo, associate professor of medicine at the University of Texas Health Science Center, oversees TDI's mission to find new and better treatments for the disease. While much progress has been made, he said, much more is needed.

"Research as most people know is just finding one or two answers and another 20 questions, so there is no way that an answer is the end of it," Dr. Cersosimo said.

The American Diabetes Association was honored for its educational efforts such as Camp Power Up, which teaches kids with diabetes — or at high risk for the disease — to take better care of themselves.

A ceremony honoring the recipients was held at the Pearl Stable. The event helped raise funds for the University Health System Foundation.

Previous Wall of Honor recipients include Elvira M. Cisneros, Dr. Lawrence B. Harkless, Luis Roberto Vera Jr., Commissioner Paul Elizondo, Dr. Roberto P. Treviño, John A. Guest, Col. Roy W. Burley, Lo Bello de San Antonio Women's Club, Dr. Ralph DeFronzo, Dr. Roberto Jimenez, Magda Ortiz, Dr. Daniel E. Hale, the Aguillon family, the YMCA and George B. Hernández Jr.





A FOCUS ON MEN'S HEALTH

Men are less likely than women to see a doctor, research shows. And that gender gap is even wider when it comes to preventive health services such as screenings and immunizations.

Since September 2015, University Health System has partnered with KENS-TV to produce Real Men Wear Gowns, a series of stories designed to raise awareness about men's health.

The project has covered a new topic almost every week, with recent episodes focusing on heart health, stroke symptoms, avoiding hearing loss, preventing heatstroke, seeking help for alcohol abuse and staying safe in the water. Three half-hour specials have aired, featuring panel discussions by physicians on topics such as cholesterol and heart disease.

All of that attention has not only encouraged men — and those who care for them — to be proactive about their health, the project has also spotlighted University Health System's expert physicians and many services.

"I would have probably not been on this earth if my wife wouldn't have made me go to her doctor," said William Huth, 39, one of the patients featured in the series.

Mr. Hurth, a 39-year-father of three, had been suffering stomach pains but resisted seeing a doctor about it for two years. It turned out to be a large tumor blocking his



large intestine. "Get checked if you have problems," he said.

Each episode typically includes a patient willing to share his story and the patient's physician. Both University Medicine Associate and UT Health — San Antonio physicians are featured.

"It's something we can do together as a community to try to educate men on the importance of taking charge of their health and whatever the barriers are that prevent them from getting these types of screenings," said Leni Kirkman, senior vice president for strategic communications and patient relations, in the program's first episode. "We really want to work with KENS to break those down."

Episodes in the series can be found on the Real Men Wear Gowns website at WearTheGown.com.

University Health System has a history of innovative approaches to improving men's health. Our grant-funded program that uses navigators and incentives to encourage more Hispanic men to undergo colonoscopies, for example, has gotten a lot of media attention.

The Real Men Wear Gowns website also includes a link to our heart health assessment tool, along with a number of other disease risk tools.



A BELOVED — AND FURRY — HOSPITAL VOLUNTEER SAYS GOODBYE

For the past dozen years, a volunteer named Junior made the rounds at University Hospital, comforting the sick, soothing the scared, and lowering stress levels of patients, visitors and staff alike — all without saying a word.

Junior, by the way, is a cat — one of a handful of therapy animals that are part of University Health System's Paws Up Pet Therapy program, overseen by the Volunteer Services Department.

Early this year, Junior — and his owner, Beverly Oakes — decided it might be time to retire. At 17 years old (about 85 people years), Junior was getting frail and had lost an eye to melanoma.

But given his impact on staff and patients over all these years, his friends weren't going to let his retirement go unnoticed. They hosted a going-away party for him at University Hospital in April, attended by more than a hundred people — and his therapy animal colleagues.

"We got a lot of smiles, a lot of comments like 'I'm a dog person, but I like this cat," said Ms. Oakes, who found

Junior as a kitten of 12 or 13 weeks of age, abandoned on a farm in the Rio Grande Valley. "I had one little girl tell us he made her headache go away. Which shows how (pet therapy) can take your mind off pain."

As proof of just how valued a member of the University Health System family Junior has been, in 2014 he was named Volunteer of the Year at the annual Employee Awards Banquet.

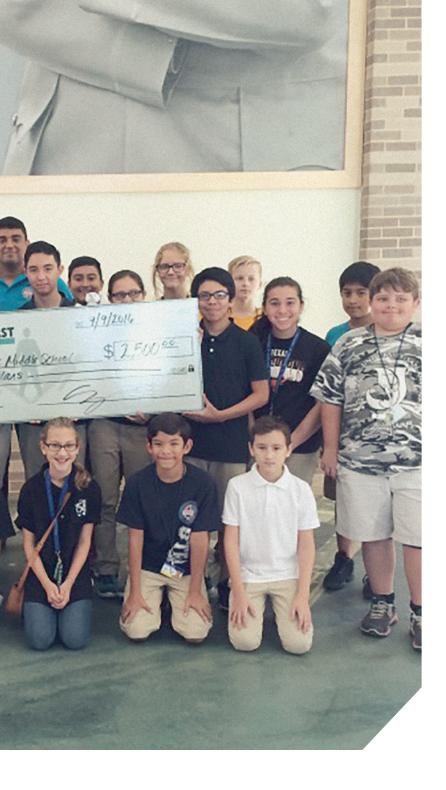
Ms. Oakes, who also has a pet therapy dog that visits the hospital, said she knew pretty quickly that Junior was special.

"We were driving in the car one day, my husband and I, and we were having a heated conversation about something or other. Junior reached up and put his paw on my lips. I thought, he's such a sensitive cat."

Sadly, Junior passed away in November.

"I've had a lot of cats," Ms. Oakes said. "Never had a cat quite like him."





COMMUNITY FIRST TAKES ON NEW CHALLENGES

University Health System's locally owned, nonprofit health plan, Community First Health Plans, grew by leaps and bounds this year in preparation for the November launch of the STAR Kids program.

STAR Kids is a special-needs population with high-intensity case management needs. Community First was one of two plans awarded a contract by the Texas Health and Human Services Commission to take care of these children in Bexar and surrounding counties.

"Community First Health Plans is proud to have been selected as one of the plans to administer the STAR Kids Program," said Greg Gieseman, president and CEO of Community First. "Being able to serve our members through the STAR Kids program allows us to provide quality access to healthcare for families of children with medically complex needs. Community First went through a rigorous process to successfully prepare for implementation of the program in November 2016, and we are pleased with the results of the health plan's success in its first month. As the largest Medicaid and CHIP health plan in the Bexar service delivery area, we are able to provide further access to care the San Antonio community."

Community First remains the leader in local STAR Medicaid coverage, with 44 percent of the market share and 108,900 members, and in CHIP, with 63 percent and 17,500 members.

Community First celebrated its 20th anniversary in 2015. As part of the celebration, it created an innovative "Fall Ahead" awards program, which gave \$2,500 competitive grants to seven San Antonio-area teachers in 2016 to fund sustainable, health-related projects in schools.

The awards went to teachers at Barbara Bush Middle School, Collins Garden Elementary School, Five Palms Elementary School, Hidden Forest Elementary School, McAndrew Elementary School, Nimitz Middle School and South San Antonio High School.

Among the winning projects were a self-sustaining greenhouse at Nimitz Middle School inspired by the movie "The Martian," and an outdoor community library at Five Palms Elementary.

Other highlights included:

- A successful Network Access Improvement Program project with University Health System that provided Medicaid clients with improved access to care.
- The highest overall star rating in the Bexar service delivery area for Medicaid children and CHIP under the Health and Human Services Commission's "star" ratings system.
- Community First's commercial, Medicaid and Marketplace lines were accredited by the National Committee for Quality Assurance, or NCQA.
- A new coordination of benefits program was initiated and helped Community First reduce its medical expenses by more than \$1 million.
- Surveys showed member satisfaction with Medicaid and CHIP plans improved to the 75th percentile nationally — or among the top-performing 25 percent of plans. Member satisfaction with the care they received was in 75th percentile for adults covered by Medicaid and 95th percentile for children covered by Medicaid.
- A separate survey showed more than 93 percent of our physicians and other providers were "very satisfied" with Community First.

BUILDING A HEALTHY COMMUNITY THROUGH PHILANTHROPY

The University Health System Foundation, a 501(c)(3) charitable organization, was established in 1984 to solicit, receive and maintain funds exclusively for the benefit of University Health System and its community mission. All programs of the Foundation are funded solely through community philanthropy and fundraising activities.

The University Health System Foundation is governed by a volunteer board of directors representing the community, University Health System and the UT Health Science Center. The board takes an active role in all fundraising endeavors, including special events and campaigns.

The University Health System Foundation administers 60 restricted funds, which support various University Health System programs, as well as a general unrestricted fund.

We extend our appreciation to all of the many individuals and organizations whose time and contributions have made this year such a tremendous success. They are perpetuating a tradition of philanthropy that continues to advance our mission and improve our community in numerous ways.

Funds

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6th Annual Employee Giving Campaign

This year's Employee
Giving Campaign,
"Be the Difference,"
truly represented the level
of commitment that
University Health System
staff has for our patients
and programs.

The total raised this year was \$111,418.44, which represents a 13 percent increase over the total amount raised last year. In all, 620 employees pledged their financial support, a 4.9 percent

participation increase over last year. Staff designated their donations for programs in Children's Health, Education and Spiritual Care.

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UTHSCSA-Dept. of Urology
UTHSCSA-Dept. of Orthopaedics

UTHSCSA - Transplant
Valero Energy Foundation
Vaughn Construction
Cynthia V. Vega
Leticia A. Velten
Maria A. Vergel
Roberto Villarreal
Raul Villasenor
Elias Villegas
Vision Construction
Voya Financial
Michael Warner
Mark H. Webb

WellMed Medical Group WestEast Design Group

Whataburger

Katherine Whiteley Francine Wilson Marisa K. Wilson Winstead

Winstead Witte Museum Karen E. Wolfram Raleigh D. Wood Eddie E. Woodard Rich Woodley

Workplace Resource, LLC Stephanie Yamamoto

Richard Yebra

YMCA of Greater San Antonio

Your Fitness 365

Zachry Construction Corporation

Honor Roll of In-Kind Donors

Gifts of \$100 and above January 1, 2015 – December 31, 2015

Absolutely Delicious Catering

Alamo Drafthouse Cinemas San Antonio

Aldo Ristorante Italiano

Alicia Rose Victorious Foundation

Americus Diamond Art Incorporated ARTS San Antonio Brother Cletus Behlmann Bell Mountain Vineyards

Terri Boyce Bulverde Nutrition Cheesy Jane's

Biga on the Banks

Community of Christ
Clear Blue Pool Supply
Dry Comal Creek Vineyards
El Jarro de Arturo Restaurant

Embassy Suites La Quinta-Hotel & Spa

Northside ISD Learning Tree Program-Henderson ES

Fair Oaks Ranch Golf & Country Club

Frontier Enterprises
Garcia Art Glass, Inc.

Amelia Garza

Karen F. Glenney

Grand Hyatt San Antonio

Grey Moss Inn Randy Hariq

Helping Hands Comfort Bags

The Home Accessory

Hotel Indigo Riverwalk

Inside Outside Wellness Center &

Medical Spa John Jacks

James Avery Jewelry

Scott Johnson

Kevin G. Saunders Photography

Knots R Kneaded

Dave Kvapil

La Cantera Hill Country Resort

Langmore Photography, Inc.

Las Palapas Enterprises

Lisa's Mexican Restaurant

Little Rhein Steak House

Ashley Manwiller

Mark Greenberg Photography

MEDLARS Jewelry
The Menger Hotel

Mike's In The Village

Mission Crossfit SA

Mokara Hotel & Spa

O'Krents Abbey Flooring Center

Oak Hills Country Club

Olana Group, LLC

Michael K. Payne

Denise Pruett

Ranch at the Rim

Retama Park

Roadhouse Arts Studio & Gallery Rosario's Mexican Cafe y Cantina

San Antonio AirLife

San Antonio Conservation Society

Silverhorn Golf Club of Texas

Singing Water Vineyards

The 1 Million 4 Anna Foundation

The Sassy Chic Boutique

Twelve Stones Community Service Group

Mark H. Webb

The Westin Riverwalk

Tribute Giving in Honor of Gifts

January 1, 2015 – December 31, 2015

In Honor Of/Donor's Name

Joaquin Salvador Alvarez

Melissa Alvarez

Victoria I. Anderson

Ana O. Loza

John Calhoon, MD

Donna Marie Guerra Patrick Glasow, MD

Aubrey Keating Smith Carter

Alex Halff

Beatrice Hutcheson Kampmann

Betty M. Cavender Camilla M. Parker

Corinne M. Yancy

Elizabeth Cauthorn

Elizabeth H. Calvert

Elsie G. Steg

Evelyn B. Camp

Flora Crichton

Francisco G. Cigarroa, MD

Gene R. Calgaard

Jim Reed

Louis Zbinden

Margaret King Stanley

Maria Hanau

Patricia G. Bridwell

Patricia G. Steves

Patsy Pittman Light

S.W. Duncan

Spencer Rowland

Virginia S. Koehl

Riley and Reagan De Luna

Rodney S. De Luna

Liem Du, MD

Heather H. Dobie

Mrs. H. Joe Francis

Mary Irene Francis

Daniel Gonzalez Sr.

Janis Gonzalez

Felicita Gonzales

Denise Pruett

Lucy Sitton Hays

Allison Hays Lane

Norma Hernandez

April L. Granier

Charleis Vaughn Jennings

Susan Vaughn

John C. King, MD

Mary Sue King

Olga La Point

Loretta A. LaPoint

Julia Martinez

Marisa Marie Espinoza

Aileen Price

Teresa Prigmore

Justin Purdue

Sue Perdue

Aidan C Rattenbury

Belinda Garcia-Rattenbury

Robert J. Rattenbury

Kate Robertson

Maryann H. Leija

Aleyna Rodriguez

Aileen Mata

Theresa Scepanski

Jacqueline Burandt

Leah and Abigail Simmons

Juanita Murray

Samuel Spencer

Susan E. Spencer

Candelaria Tevini

Mary Alice Avon

Eric T. Tschirhart

Brenda C. Rosales

Audriana Jo Vasquez

Yvette B Vasquez

Aaron Villegas

Elias Villegas

Don Wilson

Marisa K. Wilson

Tribute Giving in Memory of Gifts

January 1, 2015 - December 31, 2015

In Memory Of / Donor's Name

Chloe Delaine Alvarez

Melissa Alvarez

Laurel Anderson

Anna Saunders

Gabriella Michelle Aranda

Melissa Mata

Jimmie N. Aranda

Yolanda S. Aranda

Rodolfo Bara

Angelica Dominguez

Sharon Barlow

Cheryl S. Kastner

Mary Beyer

Betty B. Price

Charles Biedenharn

North Frost Center

Weir Labatt, III

John and Pat Brown

Kathleen Marotta

Lily Campbell

Roozbeh Taeed

Irma Alicia Castro Cisneros

Allan Castro

Mary Pat Clifford

Kelly C. Hoog

Rudy and Roland Coldiron

Carol Flores

Nicole Falon DiMeo

H.E. Butt

McCarthy Mambro Bertino

Tiffany Evans

Betty Dzierzanowski

Cynthia A. Harris

Anthony Fores

Norma Hernandez

Jordyn Taylor Fraga

Dawn M. Ibarra

Joe Galan

Quay and Teresa Clark

William R. Huck

Irma Garcia-Sanchez

Joseph A. Sanchez

Henry Garza

Rebecca Pompa

John Phillip Gerber

Katharina Gerber

Lesa Goldberg

Brandeis High School AFJROTC PFC

Richard R. Greer

Shawna D. Hernandez

Willie and Marilyn Hargrave

Heather H. Dobie

Claudette Hawkins

Sherri G. Mulkey

Eric Alan Hidalgo

Gino Hidalgo

Lucille Jackson

Jo Ann McDonald

Floyd James

Sandra L. Stough

Roger Johnson

James Robbins

Clarence E. Jordan

Patricia L. Allen

Jared King

Mary Sue King

Dave Kvapil

Allison Hays Lane

Patrick J Lang II

Patrick Lang

Elda Maldonado

Suzanna Feliciano

James Medina III

Diana Rojas

Hunter Morris

Kristin Morris

Gadville Newton

Tarnia Newton

Kenneth F. Orr

David W. Sonntag

Kathy Caylor

Linda M. Kucera

Louie Perez

Debra A. Perez

Raymond Phelps III

Helena E. Hummel

Mohammed Rafigue

Sadaf M. Rafique

Emma Leigh Rios

Kristin Navarro

Brian Rivera

Donnette S. Saldana

Jodie Salinas

M. S. Arun, MD

Priti Nandi Mody Bailey, MD

Vera Sarver Schranner

Bonnie L. Hagan

Nathan Scott

Lisa G. Bass

Mary Smith

Iris Rogers

Salvador M. Teveni

Mary Alice Ayon

Earl Tomlin

Sandra Vrana

Jose Luis Trevino Sr.

Jacqueline Burandt

Quinton L. Tschirhart

Brenda C. Rosales

Ernest O. Urbanowiez

Hortencia Castano-Urbanowiez

Stella Voqt

Cynthia V. Vega

Robert Warde

Christopher Lierman

David R. Luttenbacher

Erika D. Parker

Joyce Rappaport

Mike Webb

Terry McConico

Troy Powell

Walter Koopmann

Iola Watkins

Amy Hughes

Frank and Marjorie West

Sherrie King

Peggy Wheeler

Marisa K. Wilson

Eleanor White

Tammy D. Harris

Lilliana Kiyomi Yamamoto

Stephanie Yamamoto

Every effort has been made to assure the accuracy of this list. If you discover an error or omission, please contact the University Health System Foundation at (210) 358-9860.

RECOGNIZING THE BEST

U.S. News & World Report has named University Hospital best in San Antonio for the sixth year in a row, the sixth best in Texas, and among the top 50 nationwide for gynecology and nephrology in its 27th annual Best Hospitals rankings. The prestigious rankings recognize hospitals that excel in treating the most challenging patients. University Health System is in elite company as one of just 3 percent of U.S. hospitals to earn a national Top 50 ranking in any specialty. The Health System was also recognized as high-performing in cancer, urology, COPD, colon cancer surgery and heart failure.





University Health System is the first and only health system in San Antonio and South Texas to earn Magnet status from the American Nurses Credentialing Center, the gold standard for quality.



Recognizing Excellence in Specialized Care























Recognizing Excellence in Promoting Health, Safety and Community Service











Recognizing Excellence in Technology, Employee Learning and Efficiency









EMPLOYEES OF THE QUARTER/EMPLOYEES OF THE YEAR 2015

University Health System's commitment to service excellence relies on our employees. Those who help strengthen our goals for service excellence deserve recognition. The Above and Beyond Recognition Program celebrates employees who apply University Health System values in the work they do. Those who go above and beyond their expected responsibilities to achieve outstanding performance are celebrated each quarter for their outstanding work in support of Health System values.

Professional Nursing

Tiffany Gomez Tonya Burris Gennine Yahya* Lisa Rupp

Management

Rose McGarity
Mario Legarde
Eric Dahl
Christine Hollis*

Clerical

Sonia Juarez
Pat Cancino*
Lynora Rhoder
Vincent Russo

Volunteer

Teresa Valdez
Patsy Mitchell
Raymundo Garza*
Paulette Fenoglio

Professional

Michael Andersen Sandy Castillo Mirna Gonzales* Norma Pena

Technical

Victor Martinez Lydia Gonzalez* Hector Horta Nora Chavera

Service

Guadalupe Palomares* Abdelmoneim Medhat Josefina Ruiz Miguel Martinez

Service

Mohammad Mughal, MD Ayesha Zaheer, MD Dinah George, MD Andrea Grant-Vermont,

Team Nominees

The Admissions – Passport Super User Training Team

Alicia Andrade Monica Villanueva Brian Carrillo

The Biomedical Engineering Team

Jesus Lara Jr.
Arnold Torres
Ashley Garza
Hazel Tremor
Isabel Leija
Christine Stofle
Stephanie Stiefer

The Patient Safety Module Team

Kristine Talamante Nicole Greene Kami Rapp Tammy Barben Haylian York, Sidney Nau

The Journey Begins Now – The Onboarding Team*

Jonathan Ellis
Lisa Sanchez
Wendy Fischer
Laura Reza
Wanda Sparks
Jacqueline Burandt

Commitment to Service Excellence Award

Josefina Ruiz

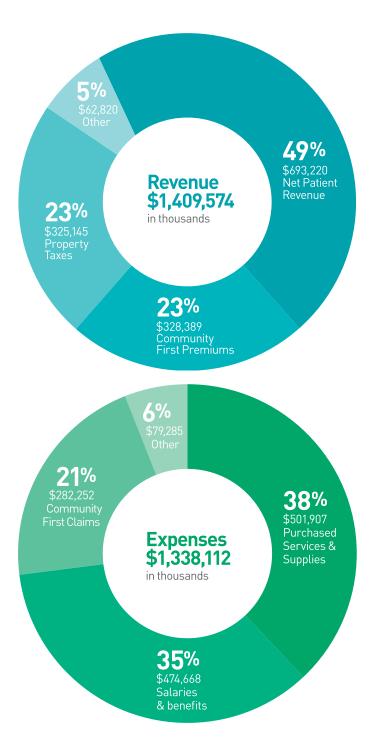
DAISY Awards

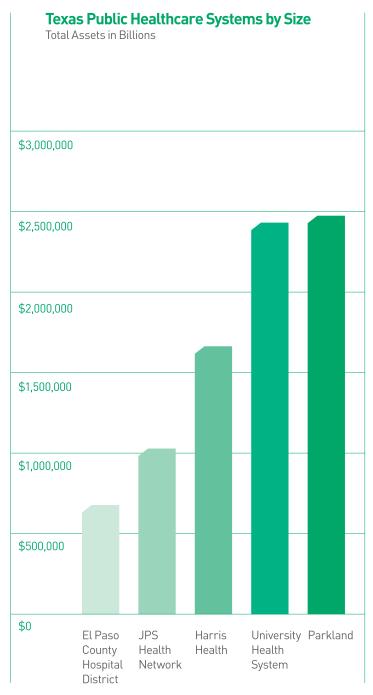
The DAISY Award for Extraordinary Nurses is given in partnership with the DAISY — short for Diseases Attacking the Immune System — Foundation. It was launched in 1999 in memory of J. Patrick Barnes, who died at age 33 from complications of idiopathic thrombocytopenia purpura, or ITP. His family created the award to recognize nursing excellence across the country. Any University Health System staff member, patient or patient family member can nominate a nurse for the award.

2015 DAISY Award Recipients

January	Erica Carter-Tejada
February	Sarah Garcia
March	Delia Zuniga
April	Esther Vandermeulen
May	Merisa DelaRosa
June	Barbara Redmond
July	Michelle Davern
August	Larry Terry
September	Mary Martinelli
October	Lafay Bryan
November	Lisa Rupp
December	Sonia Figueroa

^{*}employee/team of the year





FINANCIAL SUMMARY

University Health System has been dedicated to improving the health of people across the community for almost a century. Bexar County Hospital District property taxes help support a number of programs that improve health, save lives and train future healthcare providers.

As a public service, University Health System:

- Operates the premier level I trauma center for a vast region of South Texas, providing around-the-clock access to specialists and treating more than 4,600 seriously injured children and adults last year;
- Provides healthcare services and financial assistance through its CareLink program for low-income residents without access to affordable health coverage through their workplace or government programs;
- Is the primary teaching facility for the UT Health Science Center School of Medicine, and provides clinical training to dozens of students in healthcare professions;
- Assures EMS services are available for residents in unincorporated areas of Bexar County;
- Sponsors the local mental health and mental retardation authorities;
- Operates two school-based health centers and a number of preventive health clinics.

In 2015, property taxes made up 23 percent of University Health System's revenues.

More detailed information is available in University Health System's 2015 Audited Financial Report. Find it online at universityhealthsystem.com/our-news/ public-notices

THANK YOU FOR YOUR SERVICE

It is the people of University Health System who bring its mission to life. The following people retired from the Health System in 2015. We are honored they chose to carry out their life's work in our organization. They have made a lasting impression on the lives of our patients; their expertise, compassion and dedication will not be forgotten. They are listed by their years of service to University Health System.

45 Years

Susan Marie Douglass Director Patient Care Services

43 Years

Velia Arciniega Nursing Attendant

38 Years

Donna R. Muzzarelli Staff Nurse

37 Years

Kenneth A. Griffin Linen Cart Attendant

36 Years

Josefina N. Zuniga Dietary Support Technician

35 Years

Jo Ann McDonald Medical Laboratory Scientist

Carole L. Gage Medical Laboratory Scientist

34 Years

Mary L. Gutierrez Clinical Facilities Coordinator

Vicky D. Contreras Healthcare Engineering Technician

33 Years

Tony Rodriguez Radiologic Technologist

32 Years

Linda R. Kyle LVN

Jade R. Gallegos Cook

Janette Karlane Hinton Staff Nurse

30 Years

Renee L. Harrison Help Desk Support Specialist

Andres M. Ramirez Surgical Technician

Lisa A. Wammack Clinical Informatics Specialist

29 Years

Magdalena G. Vera Senior Administrative Assistant

Shawn Snider Staff Nurse

28 Years

Gail G. Williams Staff Nurse

Brian R. Barron Pathology Services Coordinator

William M. Heitkamp Radiologic Technologist

27 Years

Marvin J. Perkins Radiologic Technologist

Dorothy J. Wilson Environmental Services Manager

Louis Castillo Medical Equipment Coordinator

Linda Frausto Rehabilitation Clinical Liaison

Elaine C. Jones
Nurse Educator

26 Years

James E. Bailey
Patient Care Services
Operations Director

Sylvia Ann Martinez Medial Laboratory Scientist

Rosalinda T. Ruizesparza LVN

25 Years

Sara Smolens Master Social Worker

24 Years

Theresa Edwards Care Coordinator Mandy L. Benavidez Transplant Access Manager

Gloria Reyes Garcia Nurse Case Manager

Elda S. Balle Services Operations Manager

23 Years

Kathryn E. Robertson House Supervisor

22 Years

Patricia J. Miele Registered Pharmacy Technician

Helen M. Bess Senior Administrative Assistant

Sonia B. Riadon Staff Nurse

Richard M. Schmeisser Staff Nurse

Jeannette Drenner STARS Supervisor

21 Years

Rodrick .B Johnson LVN

Dolores Gamez Staff Pharmacist William Madkins Jr. Senior Systems Administrator

Aurora R. De Los Santos Administrative Assistant

20 Years

Peter E. Guillao LVN

Lafayetta Fuller Monitor Technician

Carol L. Rumack Laboratory Supervisor

Marie Diaz De Leon Senior Administrative Assistant

Irene H. Rangel Senior Administrative Associate

19 Years

Catherine J. Lona Medical-Surgical Technician

Debra K. Standard Staff Nurse

Elizabeth A. Maxey Staff Nurse

Lydia A. McEwin LVN

18 Years

Guadalupe Sanchez Registration Access Specialist

Debbie Rejba Transport Coordinator

17 Years

Gerald G. Hill Charge Master Analyst

Paula R. Arnault Senior Systems Administrator

16 Years

Rebecca M. Poore LVN

David C. Chesser Medical Laboratory Scientist

Deborah L. Hutton Coding Specialist

Sandra E. Torres LVN

Tammy Deering
Code & Documentation
Compliance Specialist

15 Years

Peggy A. Deming Executive Vice President/CFO

Joseph Irving
Insurance Collector

Gloria H. Roman Outpatient Customer Service Representative

Delois Robinson Environmental Associate

Shirley M. Minko Coding Technician

14 Years

John M. Barker Clinical Pharmacist

Enrique Castillo
Instrument Technician

Deborah L. Stolz Staff Nurse

Gregorio Abila CAD Technician

Charles Krause
Instrument Technician

Dianne Hallworth Staff Nurse

Carol Stocks Medical Laboratory Scientist

13 Years

Barbara A. Coomes Staff Nurse

Judy Orem
Administrative
Assistant

Phyllis E.P. Tinsley Staff Nurse

Laurianna Somonte Critical Care Technician

Steven Wolford Registered Pharmacy Technician

12 Years

Ann Slater Master Social Worker

VaRie Y. Saunders Staff Nurse

Alicia Taliman Lead Pharmacy Technician

Patricia A. Needels Staff Nurse

Aileen Rosas Administrative Assistant

Susanna C. Villegas Environmental Associate

11 Years

Cynthia A. Duran Clinical Services Aide

Josefa Harvey Administrative Assistant Antonio A. Fuentes
Environmental
Associate

Eva Gallegos Insurance Collector

Suanne Oliver
Quality Documentation
Improvement
Coordinator

Juan Gonzales Perioperative Services Attendant

10 Years

Sandra K. Lovings Nurse Practitioner

Magdalena Soliz Administrative Assistant

9 Years

Jose Dimas LVN

Maureen Ahlgren Nurse Case Manager

Rickey H. Dilloway Police Officer

Beatrice R. Espinosa Senior Administrative Associate

8 Years

Celine S. Mattathil Staff Nurse

7 Years

Lupita Cantu Administrative Assistant

Delores DeLeon-Salazar LVN

Gloria Pelayo
Patient Care Attendant

Magdalena Mata Medical Assistant

Rita M. McCoy Nurse Authorization LVN

Maria A. Medina Environmental Associate

6 Years

Yolanda Nizza LVN

Gloria E. Torres LVN

Linda Joan McDonald LVN

5 Years

Barbara Inez Gordy LVN

Gary L. Wright Help Desk Support Specialist Richard H. Tatro Maintenance Specialist

Sandra Luz Eguia-Lis Staff Nurse

BY THE NUMBERS

University Hospital	2014 Actual	2015 Actual
Operated Beds	426	456
Inpatient Discharges	22,810	26,425
Patient Days	145,220	158,748
Births	2,836	3,160
Observation Days	10,472	8,291
Outpatient Visits		
Emergency Center	59,429	62,501
Trauma Follow-up	13,935	14,111
Transplant Clinic	7,897	8,077
Hematology/Oncology	7,233	7,527
Outpatient Surgery	6,146	6,472
Total Hospital Outpatient Visits	94,640	98,688

Community Clinic Visits		
North Region	115,685	119,089
South Region	143,096	148,352
East Region	70,228	63,077
West Region	119,686	125,149
Preventive Health Clinics	45,492	47,343
Women's Health	40,580	38,635
School-Based Program	4,352	6,164
Pediatric Clinics	43,027	53,958
Total Community Clinic Visits	582,146	601,767

CareLink Outsourced Visits	2015 Actual
UT Medicine Visits	36,252
Outsourced Primary Care Physician Visits	19,477
Outsourced Specialty Physician Visits	175
Center For Health Care Services Visits	2,277
Total CareLink Outsourced Activity	58,181

Pharmacy Visits	218,953
Total University Health System Outpatient Activity	1,451,699
Prescriptions filled at UHS Pharmacies	686,330
Number of Unique Patients	263,464

Human Capital as of December 31, 2015

Employees: 7,076 (without resident physicians)

Physicians on staff: 801 (without UMA physicians, includes resident physicians)

University Medicine Associate physicians: 68

®

The paper in this annual report is FSC® Certified.

2016 REPORT TO THE COMMUNITY

Produced by the University Health System Corporate Communications & Marketing Department

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